



# EVENTS CALENDAR 2017

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Royal Hospital for  
Neuro-disability

A national medical charity  
Registered Charity No. 205907

**Fundraise for the Royal Hospital for Neuro-disability (RHN) and help us provide the best possible care for people living with neuro-disability. From walks and runs, to concerts and gala dinners, there are so many ways you can support us.**



Here is a taster of some of this year's events. Visit [www.rhn.org.uk/events](http://www.rhn.org.uk/events) for even more ways to get involved. Let us know if you are organising your very own fundraising event and we will be on hand to give you all the help and advice you need.

## MARCH



### GIVE IT UP FOR THE RHN

1 March

Can you test your will power and give something up for the RHN this March? Could you take on a month without your favourite thing?! Chocolate, browsing social media or your Monday morning coffee? Please Give It Up for the RHN. We know it is going to be tough so why not take part as a family or with your team at work for that extra motivation! You will find lots of fundraising tips and a survival guide on our website.

## APRIL



### VIRGIN LONDON MARATHON

23 April

Did you get a ballot place for the biggest fundraising event on the planet? We would love for you to join our incredible RHN team of superhero runners! We will support you every step of the way, drop us a line to find out more.

Not running? All friends, family and supporters are welcome to come and join our cheer squad on the day – you won't miss our banners and balloons at Tower Bridge, so see you there!

## MAY



### ANNUAL GALA DINNER

11 May

Our Gala Dinner has fast become an annual highlight of the event calendar and this year promises to be just as spectacular, taking place in the stunning Livery Hall at the magnificent Goldsmiths' Company. Tables seat 10 guests for £1,250 which includes a champagne reception, three course meal and entertainment.

## JULY



### ROW HARD

12 July

Join the most competitive event in our calendar for an indoor relay-rowing race. Sign up as a team of four and take on the 2,000 metre challenge against 120 others atop City Hall, central London. Food and drink will be provided and there will be prizes to be won. Bring along your noisiest cheering supporters and don't forget your fancy dress (if you feel like it!).



### BRITISH 10K LONDON RUN

9 July

This fantastic 10km challenge is a fundraising and sightseeing event rolled into one! The scenic course takes you by Trafalgar Square, the Embankment, Big Ben and the Houses of Parliament, all while being cheered on by the huge London crowds. Sign up with us for just £25, the suggested fundraising target is £250.



### RIDE100

30 July

Grab one of our guaranteed places and join 26,000 cyclists to take on 100 miles on the Prudential RideLondon-Surrey 100! Starting at the Queen Elizabeth II Olympic Park you'll cycle through central London on closed roads and take in the sights of the capital before heading out to beautiful Surrey countryside. Join team RHN for £50 registration fee with a fundraising target of £500.

## SEPTEMBER



### EVENING OF MUSIC



23 September

For one special evening we are delighted to be joined by the Willow Orchestra for an evening of musical excellence, conducted by Dominic Alldis. Be swept away by the beautiful concert whilst enjoying delicious food and wine. The evening will also feature a special guest, keep an eye on our website for updates.

## OCTOBER



### ROYAL PARKS FOUNDATION HALF MARATHON



8 October

We are excited to have a number of guaranteed places up for grabs for the Royal Parks Foundation half marathon celebrating its 10th birthday. The stunning central London run takes in our world-famous landmarks on closed roads and four of London's Royal Parks. Set yourself a fantastic autumn challenge and join us for just £30 registration fee and a fundraising target of £350.

## DECEMBER

### CHRISTMAS FAIR



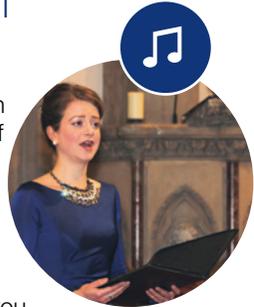
1 December

Pop in to the RHN and stock up on your Christmas gifts and stocking fillers at our Christmas Fair. You'll be sure to find gifts for the whole family whilst enjoying an array of festive treats and carol singers whilst you shop!

### CAROL CONCERT

7 December

Start your festive season with a special evening of traditional carols, heart-warming readings, musical performances, mince pies and mulled wine at our annual carol concert, it will truly put you in the festive spirit! Taking place next door to the RHN at the Holy Trinity Church, tickets will be on sale from October.



**Supporting the RHN makes a real difference to people who experience disability as a result of a brain injury. Without your support we simply cannot provide the services that enhance the quality of life for our residents, patients and their families.**

Get in touch today for more information.

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