**2 Day Course**

**Managing Complex Tone: Spasticity and Casting**

**18 & 19 September 2018**

**Royal Hospital for Neuro-disability**

**West Hill, Putney, London SW15 3SW**

This course offers a practical training opportunity for physiotherapists and occupational therapists working in neurology. This will include presentation of the evidence relating to the use of botulinum toxin and casting within focal spasticity, interactive clinical reasoning sessions to develop assessment and decision making skills, and several practical workshops where you will learn how to fabricate upper and lower limb soft and scotch casts. The course is taught by the Royal Hospital for Neuro-disability Tone and Splint Clinic Teams, including specialist medical and therapy speakers.

Key learning objectives include:

* Being able to fabricate upper and lower limb scotch and soft casts
* Developing shared OT/PT reasoning and practical skills to integrate casting into interdisciplinary practice
* Understanding the role of and indicators for the use of botulinum toxin
* Improved knowledge in the assessment and measurement of spasticity including goal setting and outcome measures.
* Understanding the evidence base behind the use of botulinum toxin and casting
* Exploring everyday practice issues through the use of case studies
* Up to date knowledge of the evidence and guidelines that govern spasticity and splinting practice

**Cost per delegate £330**

**Early application is advisable as places are limited**



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| **Day 1****Tuesday 18 September 2018** |
| 8.45 | *Registration and welcome refreshments* |
| 9.00 | Introduction to the course programme  |
| 9.15 | Normal Muscle Physiology and Function |
| 9.45 | Muscle changes in Neurological Injury |
| 10.00 | Pharmacological Treatment of Hypertonicity (Global and Focal) |
| 10.45 | *Refreshments* |
| 11.00 | Clinical Reasoning Session in Groups: Assessing Tone: Goal setting and Outcome Measurement Deciding when to splint |
| 12.15 | *Lunch*  |
| 13.15 | Casting demonstration - the elbow and knee |
| 14.00 | Casting practical – the elbow or knee |
| 14.45 | *Refreshments* |
| 15:00 | Casting demonstration – wrist and hand |
| 15.45 | Casting practical – wrist and hand |
| 17.00 | Discussion and close |

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| **Day 2****Wednesday 19 September 2018** |
| 08.45 | *Refreshments*  |
| 09.00 | Evidence Base: Botulinum Toxin & Rehabilitation Therapies |
| 09.30 | Clinical Reasoning Session in Groups: Botulinum Toxin and CastingMaking decisions on cast design and setting up a splinting treatment program  |
| 11.00 | *Refreshments* |
| 11.15 | Serial Casting Case Study |
| 12.00 | *Lunch*  |
| 1.00 | Casting Demonstration – Ankle Resting Splint |
| 2.00 | Casting Practical – Ankle Resting Splint |
| 14.45 | *Refreshments* |
| 15.00 | Open Casting Practical – time to practice a further splint of your choosing |
| 16.30 | Discussion and Close |

**Course Cost: £330**

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| Title: First Name: Click here to enter text. Surname: Click here to enter text. |
|  Job Title: Click here to enter text. Organisation: Click here to enter text. |
| Address: Click here to enter text.Postcode: Click here to enter text. |
| Telephone: Click here to enter text. Mobile: Click here to enter text.Email: Click here to enter text. |
| Special dietary or other requirements: Click here to enter text. |
| **PAYMENT METHOD (Please tick your chosen method)**[ ]  **Cheque: Payable to The Royal Hospital for Neuro-disability and send for the attention** **of Phili Denning**[ ]  **Credit/Debit Card: We accept debit and credit card payments; please contact 020 8780 5141 or Ext. 5140 to pay securely by phone.**[ ]  **Invoice: PO or other reference number: Click here to enter text.**  **Invoicing address: Click here to enter text.** **Accounts payable contact email: Click here to enter text. Accounts payable contact tel: Click here to enter text.**  **☐ BACS Please send to the following Natwest Bank, RHN General Account****4 1 6 5 5 2 7 3****6 0 2 0 0 9****Sort code Account no.** 4 1 6 5 5 2 7 3**Please send your BACS remittance form as confirmation of payment.****Your BACS reference: Click here to enter text.** |
| **If you are not self funding please confirm who has authorized your attendance on this course and the funding:****Name:** Click here to enter text. **Position:** Click here to enter text.**Contact email:** Click here to enter text. **Tel:** Click here to enter text. |
| **Do you have any previous splinting/casting experience? If yes please specify:**Click here to enter text. |
| **Please add me to the mailing list to receive information about future RHN academic events** [ ]  |

Please return this form (one per applicant) to: **Phili Denning, Conference Organiser,**

**The Royal Hospital for Neuro-disability,West Hill, Putney, London SW15 3SW**

**Email:**  **institute@rhn.org.uk**

**General Information:**

* **Venue :** The Royal Hospital for Neuro-disability, London
* **Course fees include refreshments and lunch**
* **Cancellations/refunds:** A refund, less 20% administration fee will be made if cancellations are received in writing at least 4 weeks before the course. We regret that refunds cannot be made for cancellation or non-attendance after this time. Substitute attendees are welcome at any time.