I am very pleased to present the 2018 training and education programme for the Royal Hospital for Neuro-disability (RHN). We continue to offer a full programme of open lectures and training courses. These cover a diverse range of topics to appeal to a wide range of audiences; from the general public to international experts in the field, and from students to senior healthcare professionals. In addition we have a new course covering aspects of locked-in syndrome and the return of the Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC) training.

This year I am also delighted to announce our conference on 8 June – Challenging Behaviour Following Stroke and Acquired Brain Injury: Improving Patient Outcomes Through the Use of Multidisciplinary Interventions. We hope this event will bring together professionals from different disciplines. It will focus on the important work that multidisciplinary teams play in improving safe and effective outcomes for these patients.

We remain committed to sharing our knowledge, and enjoy working with people who want to develop their skills. We are also keen to make new connections and network with you.

I look forward to welcoming you to events in 2018. I am certain that there is something on offer for everyone.

Paul Allen, Chief Executive

About the Royal Hospital for Neuro-disability

Based in Putney, south west London, the Royal Hospital for Neuro-disability has been providing specialist care and support for people with complex or profound disabilities due to neurological injury or disease for over 160 years. We provide a range of services for people living with complex disabilities including short-stay neuro-rehabilitation, long-stay care and specialist nursing home services. We help those affected by disorders of consciousness, acquired or traumatic brain injury and progressive neurological conditions.

Our education and training programme serves as a way for us to share the knowledge and expertise we have developed over the years in this highly specialised field.
5  Quick Look Calendar

6  Conferences
   Challenging Behaviour Following Stroke and ABI

7  Specialist Training Courses
   Managing Behaviours that Challenge in Brain Injured Individuals: the Positive Behaviour Approach

8  Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC)

9  An Introduction to Thermoplastic Splinting of the Upper Limb in Neurological Conditions

10  An Interdisciplinary Team Approach to the Management of Patients in Prolonged Disorders of Consciousness

11  Managing Complex Tone: Spasticity and Casting


13  SMART Assessor Training

14  The Assessment and Management of Dysphagia in Adults with Cognitive Impairments

15  Locked-in Syndrome Study Day

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Challenging Behaviour Following Stroke and ABI: Improving Patient Outcomes Through the Use of Multidisciplinary Interventions

Friday 8 June
£120

Challenging behaviour presents a significant barrier to an individual’s ability to engage in rehabilitation, return to valued activities and reach their potential following a stroke or acquired brain injury. This conference will explore how clinicians and services can engage with individuals to support rehabilitation and progress towards valued goals, while also managing the risks that challenging behaviour present. The day will have a specific focus on how close multidisciplinary work produces effective and safe outcomes.

Confirmed speakers include:
- Professor Nick Alderman, Clinical Director, Neurobehavioural Rehabilitation Services, Elysium Healthcare, discussing issues relating to neurobehavioural rehabilitation outcomes and their measurement
- Professor Huw Williams, Associate Professor in Clinical Neuropsychology, Co-director – Centre for Clinical Neuropsychology, University of Exeter, presenting his work on the use of traumatic brain injury link workers in prison settings
- Dr Mike Dilley, Consultant Neuro-psychiatrist, Royal Hospital for Neuro-disability, on the role of medication in the management of challenging behaviour

Other speakers from neuropsychology, neuropsychiatry, speech and language therapy and nursing at the RHN present. Evidence will be presented relating to best practice in the field, including practical elements that can be applied to clinical work as well as talks relating to areas of recent innovation in the field.

Lead facilitator
Dr Samuel Batstone, Consultant Clinical Neuropsychologist, Royal Hospital for Neuro-disability

Managing Behaviours that Challenge in Brain Injured Individuals: the Positive Behaviour Approach

Tuesday 27 February/Thursday 8 May/Thursday 11 September
£95

This one-day course is open to anyone who works with people with a brain injury and who want to increase their skills and knowledge of managing behaviours that challenge. It offers a theoretical and practical introduction to the positive behaviour support approach, which has been found to be highly effective and rewarding for clinicians applying the methods in a range of settings.

By the end of the course attendees will:
- have an understanding of the possible causes of challenging behaviour after a brain injury
- be able to describe the possible functions of challenging behaviour – why is it happening and what does it tell us?
- have an understanding of the development of both proactive (preventative) and reactive strategies
- be able to appropriately select and use a range of verbal and non-verbal strategies to prevent or respond to challenging behaviour
- be able to identify methods that can be incorporated into the clients’ environment and lead to a reduction in incidences of challenging behaviour
- be proficient in the completion of documentation of challenging behaviour (e.g. ABCs) and understand the purpose of collecting data
- have an understanding of how debriefing and regular staff support mechanisms may help teams working with people with behaviours that challenge.

Lead facilitator
Dr Samuel Batstone, Consultant Clinical Psychologist, Royal Hospital for Neuro-disability
Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC)

Thursday 8 – Saturday 10 March
£350

This three-day training equips delegates to use the MATADOC in clinical settings. The MATADOC is a standardised diagnostic music-based measure validated for use with adults with disorders of consciousness (DOC). It gives a rigorous assessment of people whose awareness is difficult to assess clinically due to complex clinical presentations compromising motor, cognitive and communication function. Validated for adults with DOC, it can also be used with other minimally responsive patients, including children with DOC, those with profound developmental disabilities, end-stage dementia or end-stage terminal illness.

This training covers the background to adult and child DOC patients, and the latest research evidence underpinning the rationale for using music in diagnosis, assessment and treatment.

This is suitable for music therapists, or students who have clinical/placement experience, working with patients with DOC or profound brain damage, including end-stage dementia, end-stage neurological illness and developmental disabilities.

This training can be followed by an optional second level competency development which is offered through online supervision.

Most suited to professional music therapists, this is also open to allied professionals experienced in working with DOC patients. The decision to open this to non-music therapists is at the discretion of the RHN.

**Lead facilitator**

Dr Wendy Magee, Associate Professor, Temple University, Philadelphia, PA

An Introduction to Thermoplastic Splinting of the Upper Limb in Neurological Conditions

Monday 14 – Wednesday 16 May
£389

An exciting opportunity to attend an intensive course and learn about the challenges of splinting abnormal tone with complex pathologies, such as acquired brain injury and disorders of consciousness.

This course is designed for clinicians who have some basic experience of working with thermoplastic materials, and wish to gain further handling skills and understanding of splinting the neurologically impaired upper limb.

Attendees will develop knowledge of the clinical reasoning behind splinting in neurology through theoretical and practical workshops, with all materials provided throughout the course.

**Lead facilitators**

Occupational Therapy team
Royal Hospital for Neuro-disability
An Interdisciplinary Team Approach to the Management of Patients in Prolonged Disorders of Consciousness

Thursday 28 June
£75

This one-day course will enable clinicians to develop further understanding of prolonged disorders of consciousness (PDOC) and to look at assessment skills, outcomes and management of this complex patient group and the challenges commonly faced.

We welcome all clinicians involved in the care of this specialist population, especially those in acute hospitals, who want to improve their knowledge and management of these patients before transfer to specialised rehabilitation units or specialist nursing homes.

Presenters will include consultants in rehabilitation medicine, clinical specialist nursing and allied health professionals. The day will involve interactive workshops and there will be an opportunity to meet members of the interdisciplinary team, to ask questions and share experiences and to understand more about the referral process and pathway at the Royal Hospital for Neuro-disability.

Lead facilitator
Brain Injury Service Co-ordinator
Royal Hospital for Neuro-disability

Managing Complex Tone: Spasticity and Casting

Tuesday 18 – Wednesday 19 September
£330

A practical course for physiotherapists and occupational therapists working in neurology. It includes presentation of the evidence about the use of botulinum toxin and casting within focal spasticity, interactive clinical reasoning sessions to develop assessment and decision making skills, and several practical workshops where you will learn how to fabricate upper and lower limb soft and Scotch casts. The course is taught by the RHN Tone and Splint Clinic teams, including medical and therapy speakers.

Key learning objectives include

- being able to fabricate upper and lower limb Scotch and soft casts
- developing shared OT/PT reasoning and practical skills to integrate casting into interdisciplinary practice
- understanding the role of and indicators for the use of botulinum toxin
- improved knowledge in the assessment and measurement of spasticity
- understanding the evidence base for the use of botulinum toxin and casting
- exploring everyday practice issues through the use of case studies
- up-to-date knowledge of the evidence and guidelines that govern spasticity and splinting practice

Lead facilitators
Physiotherapy and Occupational Therapy teams
Royal Hospital for Neuro-disability
Music Therapy and Neuro-disability: an Exploration of the Benefits of Joint Working

Thursday 11 October
£120

This one-day course is open to anyone working with people with an acquired brain injury or neurodegenerative disease, who want to increase their clinical skills and knowledge. The focus of the day is on joint clinical work where there is a partnership involving music therapy and its associated techniques. Joint work is beneficial for patients to reach their goals/potential.

The day will use aural presentations, including information on the brain functions and the process of music in the brain. Joint work will be demonstrated with clinical case studies covering a number of domains and contexts. There will be time for discussion and networking.

We welcome music therapists who have experience, or are interested, in joint working, and clinicians who are experienced working with music therapists or who would like to learn more about music therapy. Students are also welcome.

Presenters will be members of our multidisciplinary team and experts from other organisations.

Lead facilitators
Music Therapists
Royal Hospital for Neuro-disability

SMART Assessor Training

Monday 15 – Friday 19 October
£785

The SMART (Sensory Modality and Rehabilitation Technique) is a standardised tool specially designed for the assessment of patients with disorders of consciousness, as recommended in the Royal College of Physicians Guidelines 2013.

The full five-day course is designed for senior neurological clinicians (AHPs, clinical psychologists, nurses, doctors) as a first step to gaining their accreditation as SMART assessors. This intensive course will enable delegates to develop both the skills and knowledge to be competent in the observation and assessment of patients with disorders of consciousness.

The course also aims to develop skills required to conduct SMART assessments, including for treatment planning. The course is taught through tutorials, formative assessment and practical sessions.

Following completion of the course, delegates will be required to complete one SMART assessment, with support from a mentor, to complete the SMART accreditation process. Reaccreditation is required every four years.

Lead facilitator
Helen Gill, SMART Developer and Consultant
The Assessment and Management of Dysphagia in Adults with Cognitive Impairments

Thursday 8 November
£120

This comprehensive one-day course reviews the assessment and management of dysphagia in patients with cognitive impairments.

The course will cover the following key areas:

- review of the evidence, case studies and practical ideas with reference to acquired brain injury (including disorders of consciousness), dementia, Huntington's disease and adult learning disability
- issues in clinical reasoning, decision making and risk feeding
- practical ways to involve patients in therapy and management
- supporting staff and relatives

The course is aimed at speech and language therapists who already have considerable knowledge of dysphagia. Speakers will be members of the RHN multidisciplinary team and Lindsey Collins, Senior Dementia Care Consultant Trainer from the School of Dementia Studies at the University of Bradford, who will talk about dysphagia in dementia.

Lead facilitators
Speech and Language Therapists
Royal Hospital for Neuro-disability

Locked-in Syndrome Study Day

Thursday 20 November
£120

This is a multi-disciplinary study day for all professionals who have an interest in working with patients who have locked-in syndrome. A broad range of topics will be covered including diagnostics, clinical assessment, prognosis, treatment and management, including the use of the latest technology in function.

We will have eminent speakers from all fields, including an expert patient giving us their own views and expertise in this fascinating field.

Lead facilitator
Lesley Mill, Head of Brain Injury Services and Allied Health Professionals
Royal Hospital for Neuro-disability
Speech and Language Therapy Career Day
Tuesday 17 July
£25
This is an information day for potential speech and language therapy (SLT) students run by specialist speech and language therapists from the Royal Hospital for Neuro-disability. The day consists of seminars and workshops to give insight into how we treat adults with communication and swallowing difficulties following brain injury. We will give you information to help you decide if SLT is the career for you and guidance in the application process.

The day will look at
- what is SLT?
- communication and swallowing disorders in adults
- the role of the speech and language therapist
- who do we work with?
- what career opportunities does SLT offer you?
- course interview and application information

**Lead facilitator**
Laura Vincent, Speech and Language Therapist
Royal Hospital for Neuro-disability

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<td>Teresa Clark, Physiotherapy Professional Lead, Royal Hospital for Neuro-disability</td>
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<td>The Putney PDOC Toolkit: Practical Tools to Contribute Towards the Assessments of Patients in a PDOC</td>
<td>Amy Pundole, Clinical Lead Speech and Language Therapist and Susie Wilford, Senior Occupational Therapist, Royal Hospital for Neuro-disability</td>
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**Lectures are held from 4.30-5.30pm**
**Royal Hospital for Neuro-disability, London, SW15 3SW**
The lectures are free and open to everyone but please contact us if you plan to attend as places are limited.

**For further information please contact**
020 8780 4500 ext. 5140 – institute@rhn.org.uk – www.rhn.org.uk/events
Or book directly through EventBrite – bit.ly/rhnevents
Training Brought to You

Although the majority of the training we offer is held at the Royal Hospital for Neuro-disability, it is possible for some specialist training courses to be organised on your site or at an alternative venue.

For further details about this service please email institute@rhn.org.uk or call 020 8780 4500 ext. 5140.

COMPASS

Compass is the Assistive and Rehabilitation Technology Service at the Royal Hospital for Neuro-disability. It provides assessments for communication aids, computer access, environmental control and powered wheelchair controls for inpatients and people living with neurological disabilities in the community.

Compass provides training in communication aids (AAC) for referrers and service users as part of its NHS contract for communication aid provision in west London. For further details about this service please contact Gary Derwent, Clinical Lead for Assistive and Rehabilitation Technology, on 020 8780 4500 ext. 5099 or gderwent@rhn.org.uk.

Join Our Team

Would you like to join the unique Royal Hospital for Neuro-disability team? With just under 600 members of staff, Team RHN is a dedicated, vibrant and diverse community. If you are interested in working with us, would like to speak to a member of the team, or arrange an informal visit, please contact Joan-Eric Miguel, Recruitment Manager, 020 8780 4500 ext. 5255, email recruitment@rhn.org.uk or visit www.rhn.org.uk/join/

How to Refer a Patient

The Royal Hospital for Neuro-disability works with people who are referred from the NHS, as well as those who are privately insured. We accept patients from the UK and around the world.

If you have any questions regarding your patient’s suitability for admission or about how funding for admission works please contact the Admissions Office on 020 8780 4500 ext. 5302 or 5016. Their confidential email address is TRHFN.Admissions@nhs.net They will also be able to assist with admission criteria enquiries. You can also reach them at the address on the back page.

Putney Nurse Programme

We are very pleased to announce that we will shortly be opening our new Putney Nurse Training programme to external trainees.

The aim of the programme is to advance nursing practice by developing and broadening evidence based knowledge and skills in the management and rehabilitation of adults who have highly complex neurological disorders.

The programme consists of eight study days run over a four month period, delivered at the RHN. There will be some additional self-directed learning which includes pre-session reading and you will be required to undertake an audit or service evaluation in your area of work. The course is delivered by a multi-disciplinary team of doctors, psychologists, nurses, physiotherapists, occupational therapists and speech and language therapists. It is accredited by the Royal College of Nursing to provide 38 CPD hours.

If you are interested and would like to receive more information as soon as it is available please contact: putneynurse@rhn.org.uk
Finding Us

The Royal Hospital for Neuro-disability, West Hill, Putney, London, SW15 3SW

Nearest tube station
East Putney

Nearest rail station
Putney

Bus
The 170 bus stops directly outside the main entrance

For further information or to book
institute@rhn.org.uk – 020 8780 4500 ext. 5140
www.rhn.org.uk/events