

2018





Royal Hospital for Neuro-disability

A national medical charity Registered Charity No. 205907 **Fundraise for the Royal Hospital** for Neuro-disability (RHN) and help us provide the best possible care for people living with acquired brain injury. From walks and runs to bake sales and gala dinners, there are a huge number of ways you can support us.



Here's a taster of some of this year's events.

Visit www.rhn.org.uk/events for how to get involved. Tell us if you're organising your own fundraising event and we'll be on hand to give you all the help and advice you need.



THE BIG HAI F 4 March

Your chance to run in London's newest sporting event. Brought to you by the organisers of the London Marathon, The Big Half is an iconic route around the city but covers just half the distance. Following some of the marathon route, The Big Half is a closed road half marathon starting at Tower Bridge. There will be celebrations along the route, with DJs, bands, food and plenty of colour, topped off by The Big Festival in Greenwich afterwards. Take part in this exciting new event for just £10 with a fundraising target of £350.



VIRGIN LONDON MARATHON 22 April

If you got a ballot place for the biggest fundraising event on the planet, we'd love for you to join our incredible team of RHN superheroes. We'll support you every step of the way - drop us a line to find out more. All friends, family and supporters are welcome to come and join our cheer squad on the day – you won't be able to miss our banners and balloons at Tower Bridge, so see you there.



ANNUAL GALA DINNER 17 May

Our Gala Dinner has fast become the highlight of our event calendar, and this year promises to be just as spectacular. Taking place at the UnderGlobe, situated just beneath Shakespeare's Globe, tables seat ten guests for £1,250. This includes a champagne reception, three-course meal, entertainment and auction.



VIRGIN SPORT WESTMINSTER 10K

15 July

Lace up and experience the city's most famous landmarks in a very British 10k. Not only is this the ultimate foot tour of the city, this flat and fast 10k through London's famed sites will have music at every kilometre you'll be pounding your feet to the beat. Sign up with us for just £20, the suggested fundraising target is £200.



PRUDENTIAL RIDELONDON -SURREY 100

29 July

Grab one of our guaranteed places and join 26,000 other cyclists taking on a 100 mile route, made famous by the world's best cyclists at the 2012 Olympics. Starting at the Queen Elizabeth II Olympic Park, you'll cycle through central London on closed roads and take in the sights of the capital before heading out to the beautiful Surrey countryside for some leg-testing climbs. Join team RHN for a £50 registration fee, with a fundraising target of £500. If you secured a ballot place then we'd still love for you to join our team.



ROYAL PARKS FOUNDATION HALF MARATHON

14 October

Join us for this central London run through four of London's beautiful royal parks, taking in world-famous landmarks including Buckingham Palace, the London Eye and the Royal Albert Hall. Set yourself a fantastic autumn challenge and join us for just a £20 registration fee, with a fundraising target of £350.



CHRISTMAS FAIR 28 November

Pop in to our Christmas Fair in our grand Assembly Room anytime between 11am and 4pm. You'll be sure to find all of your Christmas stocking filler needs under one roof. From books and toys to jewellery and bags, there's a little something for everyone.



CAROL CONCERT 6 December

Start your festive season with an evening of traditional carols, heart-warming readings, musical performances, mince pies and mulled wine at our annual carol concert. It'll be sure to put you in the festive spirit. Taking place next door to the RHN at the Holy Trinity Church, tickets will be on sale from October.



Looking for an adrenaline-fuelled challenge? Try a skydive - a truly incredible day that you'll never forget. Experience the exhilarating feeling of soaring through the clouds at over 10,000 feet, before freefalling at over 120 miles per hour. We've partnered with a company called Skyline, allowing you to sign up with any one of their 21 locations at a time that suits you. Get in touch to find out more.



ULTRA CHALLENGES

Walk, jog or run! With 25km, 50km and 100km options, ultra challenges are for anyone who really wants to test themselves. Choose from seven beautiful locations, each with magnificent coastal scenery or stunning countryside views - as well as fantastic hospitality to help you to the finish line. Check online or contact the team for more information on all of the locations and events.

Supporting the RHN makes a real difference to the people we care for, who are disabled as a result of a brain injury or neurological condition. With your support, we can provide all sorts of services that enhance the quality of life of our residents, patients and their families.

Get in touch today for more information:

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