**Managing Complex Tone: Spasticity and Casting**

**17 & 18 September 2019**

**Royal Hospital for Neuro-disability West Hill, Putney, London SW15 3SW**

This two day course offers a practical training opportunity for physiotherapists and occupational therapists working in neurology. This will include presentation of the evidence relating to the use of botulinum toxin and casting within focal spasticity, interactive clinical reasoning sessions to develop assessment and decision making skills, and several practical workshops where you will learn how to fabricate upper and lower limb soft and scotch casts. The course is taught by the Royal Hospital for Neuro-disability Tone and Splint Clinic Teams, including specialist medical and therapy speakers.

Key learning objectives include:

* Being able to fabricate upper and lower limb scotch and soft casts
* Developing shared OT/PT reasoning and practical skills to integrate casting into interdisciplinary practice
* Understanding the role of and indicators for the use of botulinum toxin
* Improved knowledge in the assessment and measurement of spasticity including goal setting and outcome measures.
* Understanding the evidence base behind the use of botulinum toxin and casting
* Exploring everyday practice issues through the use of case studies
* Up to date knowledge of the evidence and guidelines that govern spasticity and splinting practice

**Cost per delegate £330**

**Contact: institute@rhn.org.uk/(+44 0)208 780 4500 x5140**

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**Provisional programme**

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| **Tuesday 17 September** |
| **8.30am** | **Registration and refreshments** |
| **9.00am** | Introduction to the course programme |
| **9.15am** | Normal muscle physiology and function |
| **9.45am** | Muscle changes in neurological injury |
| **10.30am** | **Refreshments** |
| **10.45am** | Casting demonstration – the elbow |
| **11.15pm** | Casting practical – the elbow |
| **12.45pm** | **Lunch**  |
| **1.30pm** | Assessing tone: goal setting and outcome measurement |
| **2.00pm** | Clinical reasoning session in groups (Part A)* Casting decision making
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| **2.45pm**  | Refreshments |
| **3.00pm** | Casting demonstration – ankle resting splint |
| **3.30pm**  | Casting practical – ankle resting splint |
| **5.00pm** | **Close of day** |

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**Provisional programme**

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| **Wednesday 18 September** |
| **8.45am** | **Registration and refreshments** |
| **9.00am** | Pharmacological treatment of hypertonicity (global and focal) |
| **9.45am** | Evidence base: Botulinium toxin and rehabilitation therapies |
| **10.30am** | **Refreshments** |
| **11.15am** | Serial casting case study |
| **12.00pm** | Clinical reasoning session in groups (Part B)* Treatment planning – botulinium toxin and casting
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| **12.45pm** | **Lunch**  |
| **1.30pm** | Casting demonstration – wrist and hand |
| **2.00pm** | Casting practical - wrist and hand |
| **2.45pm**  | Refreshments |
| **3.00pm** | Open casting practical (free splinting time) |
| **4.30pm** | Final discussions and comments |
| **5.00pm** | **Close of day** |

**Managing Complex Tone: Spasticity and Casting**

**Registration form: Delegate fee (£330)**

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| **Title: Click here to enter text.. First Name: Click here to enter text. Surname: Click here to enter text.** |
| **Job Title: Click here to enter text. Organisation: Click here to enter text.** |
| **Address: Click here to enter text.****Postcode: Click here to enter text.**  |
| **Telephone: Click here to enter text. Mobile: Click here to enter text.****Email: Click here to enter text.**  |
| **Special dietary or other requirements: Click here to enter text.** |
| **Please add me to the mailing list to receive information about future RHN training events** [ ]  |
| **PAYMENT METHOD (Please tick your chosen method)**[ ]  **Credit/Debit Card: We accept debit and credit card payments; please contact 020 8780 4500 Ext. 5141/5140 to pay securely over the phone.**[ ]  **Invoice: INVOICE REQUESTS WILL NOT BE ACCEPTED IF A PO/REFERENCE NUMBER IS NOT PROVIDED**  **PO or other reference number: Click here to enter text.**  **Invoicing address: Click here to enter text.** **Accounts payable contact email: Click here to enter text. Accounts payable contact tel: Click here to enter text.**  **☐ BACS Please send to the following Natwest Bank, RHN General Account****4 1 6 5 5 2 7 3****6 0 2 0 0 9****Sort code Account no.** 4 1 6 5 5 2 7 3**Please send your BACS remittance form as confirmation of payment.****Your BACS reference: Click here to enter text.****☐ Cheque: Payable to The Royal Hospital for Neuro-disability and send for the attention of Phili Denning** |
| **If you are not self-funding please confirm who has authorized your attendance at this course and the funding:****Name: Click here to enter text. Position: Click here to enter text.****Contact email: Click here to enter text. Tel: Click here to enter text.**  |

**Please return this form (one per applicant) to Academic Event Manager at** **institute@rhn.org.uk**

**Or by post:**

Royal Hospital for Neuro-disability, West Hill, Putney, London SW15 3SW United Kingdom

**Venue:** Royal Hospital for Neuro-disability, London.

**Conference fees include refreshments and lunch**

**Cancellations/refunds:** A refund, less 20% administration fee will be made if cancellations are received in writing at least 4 weeks before the course. We regret that refunds cannot be made for cancellation or non-attendance after this time. Substitute attendees are welcome at any time.