

Education and Training 2019



Royal Hospital for Neuro-disability

All events take place at the Royal Hospital for Neuro-disability

For more details and bookings please email

institute@rhn.org.uk or call **020 8780 4500 ext. 5140**

www.rhn.org.uk/events

““ Lovely presenting team, extremely knowledgeable. Thanks ””

Managing Behaviours that Challenge in Brain Injured Individuals delegate, February 2018

““ Trainers were clearly incredibly knowledgeable but the relaxed approach felt like no question was too silly. ””

Thermoplastic Splinting Course delegate, May 2018

““ Very helpful information, it really helped me and motivated me to keep working hard in this industry. ””

Challenging Behaviour Conference delegate, June 2018

““ Thank you for a fantastic course, very inspirational. ””

MATADOC delegate, March 2018

““ Really well presented. Interactive. Clearly excellent knowledge of the topic. ””

Managing Behaviours that Challenge in Brain Injured Individuals delegate, February 2018



I am delighted to introduce the 2019 training and education programme for the Royal Hospital for Neuro-disability (RHN).

Once again we have a full and varied programme which includes open lectures, training courses and conferences. We are excited to offer a new course *Complex Tracheostomy Management in Long-Term Brain Injury* and to welcome back our dietetics course *Nutritional Challenges in the Brain*

Injured Patient's Journey. Throughout the year we look forward to welcoming a wide range of audiences; from the general public to international experts; and students to senior healthcare professionals.

We are very pleased to be holding two conferences this year. On 3 May *Prognosis in Prolonged Disorders of Consciousness: Where Are We?* will explore the ways clinicians and scientists are attempting to establish a prognosis in prolonged disorders of consciousness. Then on 4 October, *Opening up the Archives: Disability History and Heritage* will mark the opening of the RHN Archive Service which should be a fantastic day delving into the rich history of the hospital.

The Putney Nurse and Putney Healthcare Assistant programmes will also open for the first time to external candidates in 2019. The programmes offer an exciting opportunity for these professionals to broaden and deepen their knowledge and skills in the care and rehabilitation of adults who have highly complex neurological disorders.

The RHN remains committed to sharing our knowledge and is looking forward to working with people who want to develop their skills. We also look forward to making new connections and networking with you.

I look forward to welcoming you to the RHN and am certain that there is something on offer for everyone.

Paul Allen,
Chief Executive

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Conferences

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7 Opening up the Archives: Disability History and Heritage
Conference to Mark the Opening of the RHN Archive Service

Specialist Training Courses

8 Complex Tracheostomy Management in Long-Term Brain Injury

9 A Multi-disciplinary Approach to the Assessment and
Management of Huntington's Disease

10 Music Therapy Assessment Tool for Awareness in Disorders of
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11 Managing Behaviours that Challenge in Brain Injured Individuals:
The Positive Behaviour Support Approach

12 An Interdisciplinary Team Approach to the Management of
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| January | 31 | Complex Tracheostomy Management in Long-Term Brain Injury |
| February | 12 | Open Lecture – Ward Leadership: What Would Florence Nightingale Say Now? |
| | 14 | A Multi-disciplinary Approach to the Assessment and Management of Huntington's Disease |
| March | 11-13 | Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC) Training |
| | 26 | Managing Behaviours that Challenge in Brain Injured Individuals: The Positive Behaviour Support Approach |
| May | 2 | Open Lecture – Oral Care and Pneumonia Risk |
| | 3 | Prognosis in Prolonged Disorders of Consciousness: Where Are We? |
| | 14 | An Interdisciplinary Team Approach to the Management of Patients in Prolonged Disorders of Consciousness. |
| | 21-22 | An Introduction to Thermoplastic Splinting of the Upper Limb in Neurological Conditions |
| June | 5 | Open Lecture – in conversation with Putney Nurses |
| | 11 | Nutritional Challenges in the Brain Injured Patient's Journey |
| July | 1-5 | SMART Assessor Training (five-day intensive course) |
| September | 12 | Managing Behaviours that Challenge in Brain Injured Individuals: The Positive Behaviour Support Approach |
| | 17-18 | Managing Complex Tone: Spasticity and Casting |
| | 26 | Open Lecture – Sleep and Recovery from Brain Injury |
| October | 4 | Opening up the Archives: Disability History and Heritage Conference to mark the opening of the RHN Archive Service |
| November | 14 | Swallowing and Nutrition: Navigating Risk, Complexity and Ethical Dilemmas |
| | 21 | Open Lecture – in conversation with Putney Volunteers |
| | 25-27 | SMART Assessor Training (three-day course with prior study) |

Prognosis in Prolonged Disorders of Consciousness: Where Are We?

Friday 3 May

£120

Prognosis in prolonged disorders of consciousness (PDOC) is a growing area of scientific enquiries driven not only by clinical need but also socio-ethical pressure. When is permanent really permanent? How can we be sure? Could we ever be sure?

This one-day conference will explore the ways clinicians and scientists are attempting to establish a prognosis in PDOC.

Prognosis for patients with a disorder of consciousness includes life expectancy, recovery of consciousness, and recovery of function. Current guidelines suggest that the clinicians should consider the cause of the patient's brain injury, the duration of the disorder of consciousness, the patient's biological age and the existence of comorbidities. Yet there are many examples in the literature of patients who have made a better than anticipated level of recovery.

Advances in neuroimaging techniques are increasingly contributing to our knowledge about this population and may have an important part to play in establishing a prognosis.

The conference will explore the challenges and importance of prognosis in PDOC, the contribution of behavioural observations and neuroimaging techniques to the prognosis.

Lead facilitators

Research Department

Royal Hospital for Neuro-disability

Opening up the Archives: Disability History and Heritage Conference to Mark the Opening of the RHN Archive Service

Friday 4 October

Cost TBC

This conference marks the official opening of the RHN Archive Service. A programme of talks and activities will explore the history of disability, and include presentations examining RHN's place in the wider context of disability history.

There will be speakers from academia, heritage and voluntary sectors who will speak about the changing perceptions and portrayal of disability, patient art and narratives, epidemiology, and oral histories.

You can hear about, and access, the archive collections held at the RHN and hear about other disability archive and museum collections in the UK. There will be guided tours of the grounds.

This conference is open to everyone and we hope it will attract a mix of academics, information professionals and the general public.

Lead facilitator

Chris Olver

Archivist

Royal Hospital for Neuro-disability

Complex Tracheostomy Management in Long-Term Brain Injury

Thursday 31 January

£120

This is an interdisciplinary study day open to doctors, nurses, physiotherapists and speech and language therapists who work with people with brain injury and tracheostomies. It will cover long-term complications, chest optimisation, complex weaning, outcomes and ethical decision-making in patients with a long-term tracheostomy.

Speakers include

- Deborah Dawson, Consultant Nurse Critical Care, St George's Hospital, discussing tracheostomy tubes and accessories.
- Claire Mills, SLT Critical Care Lead, Leeds General Infirmary and National Institute for Health Research Clinical Doctoral Research Fellow, discussing above cuff voicing.
- Specialist ENT Consultant (TBC) - discussing complications and surgical intervention from an ENT perspective.

Speakers from our physiotherapy, speech and language therapy and the specialist nursing teams will also present case studies and best practice in the field.

Lead facilitator

Luke Rendell

Senior 1 Physiotherapist

Brain Injury Service

Royal Hospital for Neuro-disability

A Multi-disciplinary Approach to the Assessment and Management of Huntington's Disease

Thursday 14 February

£120

Huntington's disease (HD) is a complex, progressive neurological condition. This course will enrich knowledge of HD, give a thorough overview of multiple aspects of assessment and management, and will provide practical ideas to take away.

Led by the specialist multi-disciplinary team from our HD unit, the course will include

- an introduction to HD and medical management
- working with cognitive impairments
- working with communication impairments
- emotional and behavioural aspects of HD
- mobility and postural management
- nutrition and swallowing including advanced decision planning
- promoting quality of life and independence through participation

This comprehensive and in-depth course is for allied health professionals, nurses, health care assistants, and doctors working in community or inpatient settings.

Lead facilitator

Multi-disciplinary team

Royal Hospital for Neuro-disability

Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC)

Monday 11 – Wednesday 13 March

£350

This three-day course teaches how to use the MATADOC with minimally responsive patients in clinical settings. The MATADOC is a standardised diagnostic music-based measure validated for use with adults with disorders of consciousness (DOC). It is a rigorous assessment and evaluation for people whose awareness is difficult to assess clinically due to complex clinical presentations compromising motor, cognitive and communication function. It can also be used with other minimally responsive patient groups including children with DOC, people with profound developmental disabilities, end-stage dementia or end-stage terminal illness.

This course covers the background to adults and children with DOC, and the latest research evidence underpinning the rationale for using music in diagnosis, assessment and treatment.

This course is suitable for professionals who are

- practicing as music therapists, or students, who have clinical/placement experience working with patients with DOC
- working with patients with profound brain damage, including end-stage dementia, end-stage neurological illness and developmental disabilities

The course is also open to allied professionals with experience working with patients with DOC, although this is at the discretion of the RHN. This course can be followed by an optional second level competency development via online supervision.

Lead facilitator

Dr Wendy Magee

Professor

Temple University, Philadelphia, PA

Managing Behaviours that Challenge in Brain Injured Individuals: The Positive Behaviour Support Approach

Tuesday 26 March

Thursday 12 September

£95

This one-day course is open to anyone working with people with a brain injury who wants to increase their skills and knowledge of challenging behaviours. It offers a theoretical and practical introduction to the positive behaviour support approach, which clinicians have found effective and rewarding in a range of settings.

By the end of the course attendees will

- have an understanding of the possible causes of challenging behaviour after a brain injury
- be able to describe the possible functions of challenging behaviour. Why is it happening and what does it tell us?
- have an understanding of the development of both preventative and reactive strategies
- understand the role of communication impairment in challenging behaviour
- be able to identify methods that can be incorporated into the patient's environment and lead to the reduction in incidences of challenging behaviour
- to understand the purpose of completing and collecting data around the incidence of challenging behaviour
- have an understanding of how debriefing and regular staff support can help teams working with people with behaviours that challenge

Lead facilitator

Dr Richard Irwin

Consultant Clinical Neuro-psychologist

Royal Hospital for Neuro-disability

An Interdisciplinary Team Approach to the Management of Patients in Prolonged Disorders of Consciousness

Tuesday 14 May

£75

This one-day course will develop further understanding of prolonged disorders of consciousness (PDOC) and its challenges. It includes interdisciplinary assessments, outcomes, common complications and management of this complex patient group, while also supporting their families. We will review up-to-date research and guidelines, and there will be plenty of case studies and interactive workshops.

We welcome all clinicians involved in the care of this specialist population, especially those in acute hospitals who want to improve their knowledge and management of patients with PDOC and their families before transfer to specialised rehabilitation units or specialist nursing homes. Presenters will include consultants in rehabilitation medicine, clinical specialist nursing, allied health professionals and family members.

There will be an opportunity to meet members of the interdisciplinary team, ask questions, share experiences, and to understand more about the referral process and pathway at The Royal Hospital for Neuro-Disability.

Lead facilitator

Hannah Fielder, Brain Injury Service Co-ordinator
Royal Hospital for Neuro-disability

An Introduction to Thermoplastic Splinting of the Upper Limb in Neurological Conditions

Tuesday 21 – Wednesday 22 May

£330

This intensive course is to learn about the challenges of splinting abnormal tone with complex pathologies, such as acquired brain injury and disorders of consciousness.

The course is designed for clinicians who have some basic experience of working with thermoplastic materials and want to learn further handling skills and understanding of splinting the neurologically impaired upper limb. Attendees will learn about the clinical reasoning behind splinting in neurology with theoretical and practical workshops. All materials are provided.

Lead facilitators

Occupational Therapy Team
Royal Hospital for Neuro-disability

Nutritional Challenges in the Brain Injured Patient's Journey

Tuesday 11 June

£120

This course is for dietitians who are new to, or would like to work in, the area of neuro-rehabilitation or the long-term management of patients with a neuro-disability. There will be internal and external speakers who work in this specialist field, including Emma Carder, dietitian, The Walton Centre, Liverpool, Wendy Lanham, Nutrition Specialist Nurse working with people with learning disabilities, Walsall Healthcare NHS Trust and Dr Andrew Hanrahan, Consultant in Neuro-rehabilitation, Royal Hospital for Neuro-disability.

Following an acquired brain injury, a person's journey from the acute setting to neurorehabilitation and beyond is often filled with nutritional challenges. This course explores these challenges and offers practical ideas for working with this complex group.

At the RHN the majority of our patients receive some or all of their nutrition and hydration via an enteral feeding tube. We will explore the trends and changes in nutritional requirements across the patient journey. Encompassing extremely high requirements post-injury to the low energy requirements of a stable long-term enterally fed person.

The course is both practical and theoretical. Attendees will learn about the different types of feeding tubes available, and can visit our information stands.

Lead facilitator

Emma Craig
Clinical Lead Dietitian
Royal Hospital for Neuro-disability

SMART Assessor Training

Monday 1 – Friday 5 July (intensive five-day course)

Monday 25 – Wednesday 27 November (three-day course with prior study)

£785 – intensive five-day course/£330 – three-day course

The SMART (Sensory Modality & Rehabilitation Technique) is a standardised investigative and assessment tool specially designed for patients with prolonged disorders of consciousness (PDOC). SMART is recommended as a tool of choice in the Royal College of Physicians (RCP) Guidelines 2013.

The SMART training has been adapted to be delivered in a flexible format to meet the needs of the service provider and the delegate. Training can be provided through either

- a five-day intensive course (1-5 July 2019)
- or a three-day course with prior independent guided study (25- 27 November)

Both of these options will have full additional support from a dedicated SMART mentor throughout the process and to accreditation.

The training is for senior neurological clinicians (AHPs, clinical psychologists, nurses, doctors) and enables the delegate to meet the specification for assessors of PDOC as outlined in the RCP guidelines. The delegate will develop the skills and knowledge of PDOC and the SMART investigative process, learn skills in the analysis of the investigative process, identifying where the client is currently placed on the diagnostic spectrum and develop the skills to create a bespoke intervention plan.

After training the delegate needs to complete one clinical SMART assessment, with full support from a mentor, to complete the SMART accreditation process. Reaccreditation is required every four years.

Further options for training can be offered to meet the needs of both the service and/or delegate. Training for SMART can also be delivered locally. Please contact us to discuss your requirements.

Lead facilitator

Helen Gill, SMART Developer & Consultant

Managing Complex Tone: Spasticity and Casting

Tuesday 17 – Wednesday 18 September

£330

This is a practical course for physiotherapists and occupational therapists working in neurology. The course is taught by the RHN Tone and Splint Clinic Teams, with medical and therapy speakers.

Key learning objectives include

- being able to fabricate upper and lower limb Scotch and soft casts
- developing shared OT/PT reasoning and practical skills to integrate casting into interdisciplinary practice
- understanding the role of, and indicators for, the use of botulinum toxin
- improved knowledge in the assessment and measurement of spasticity
- understanding the evidence base for the use of botulinum toxin and casting
- exploring everyday practice issues through the use of case studies
- up-to-date knowledge of the evidence and guidelines that govern spasticity and splinting practice

Lead facilitators

Physiotherapy and Occupational Therapy Teams
Royal Hospital for Neuro-disability

Swallowing and Nutrition: Navigating Risk, Complexity and Ethical Dilemmas

Thursday 14 November

£120

This comprehensive and practical one-day course focuses on complex ethical and risk management issues when working with people with swallowing impairments and/or difficulties achieving adequate nutrition and hydration. The course has a strong focus on multidisciplinary team (MDT) management, and is suitable for all members of the MDT, especially speech and language therapists, dietitians, psychologists, doctors, occupational therapists and nurses.

The course will cover the following key areas

- assessing capacity and best interest decisions
- advanced decision making
- the law and legislation relevant to this clinical field
- managing conflict and disagreements
- risk feeding vs enteral tube feeding
- ethical considerations in complex cases

Speakers will be experienced clinicians from the MDT at the Royal Hospital for Neuro-disability. Case studies will be used.

Lead facilitator

Erin Probert

Advanced Specialist Speech and Language Therapist

Royal Hospital for Neuro-disability

Putney Nurse Programme

We are very pleased to announce that we are opening our new Putney Nurse course to external candidates.

The programme is to advance nursing practice by developing and broadening evidence-based knowledge and skills in the management and rehabilitation of adults who have highly complex neurological disorders.

The programme consists of 10 study days run over a six-month period, and delivered at the RHN. There will be some additional self-directed learning, which includes pre-session reading, and candidates will also have to undertake an audit or service evaluation in your area of work. The course is delivered by nurses for nurses and there are contributions from a multi-disciplinary team of nurses, doctors, dentists, psychologists, physiotherapists, occupational therapists, dieticians and speech and language therapists. It is accredited by the Royal College of Nursing to provide 38 CPD hours.

Topics include

- humanising care and goal-setting
- care of patients with prolonged disorders of consciousness from brain injury or illness including pain assessment, optimising function through positioning, enabling maximum potential, revisiting fundamental care
- end of life decision-making and palliative care
- ambiguous loss
- working effectively with families
- clinical supervision
- resilient practice
- neuro-disability practice in contemporary health care including leadership, mentorship, risk assessment and safety, issues around commissioning care and accountability within the contract

If you would like to receive more information please contact putneynurse@rhn.org.uk or visit www.rhn.org.uk/putney-nurse-programme

The Putney HCA Programme

We are very pleased to announce that we are opening our Putney Healthcare Assistant (HCA) Course to external candidates.

The programme enables HCAs to reflect on their practice and contribution to the healthcare team, broaden and deepen their knowledge and skills in the care and rehabilitation of adults who have highly complex neurological disorders.

The programme consists of five study days over two weeks, delivered at RHN. There will be some additional self-directed learning, which includes pre-session reading. The course is delivered by a multi-disciplinary team of nurses, doctors, dentists and psychologists, with additional contributions from art therapists, and other allied health professionals.

Topics include

- humanising care and resilient practice
- the anatomy of the brain and impact of dysfunction on personhood
- ambiguous loss
- maintaining skin integrity best practice for continence care
- mouth care
- end of life and palliative care
- legal and ethical issues framing care of patients with neuro-disability practice
- celebrating and enhancing HCA identity and contribution
- risk management and patient safety
- making sense of anguish and challenging behaviour
- interactions with families in challenging circumstances
- role modelling: acting as a buddy to colleagues

If you would like to receive more information please contact putneynurse@rhn.org.uk or visit www.rhn.org.uk/putney-nurse-programme

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| 12 February | Ward Leadership: What Would Florence Nightingale Say Now? Presenter Dr Emily McWhirter, Director of Nursing, Royal Hospital for Neuro-disability |
| 2 May | Oral Care and Pneumonia Risk Presenter Ria Prasad, Consultant Special Care Dentistry, Kings College Hospital NHS Foundation Trust |
| 5 June | In Conversation with Putney Nurses Facilitated by Suzie Adam, Head of Nursing, Royal Hospital for Neuro-disability Panel members: Nursing Team, Royal Hospital for Neuro-disability |
| 26 September | Sleep and Recovery from Brain Injury Presenter Dr Kudret Yelden, Consultant in Rehabilitation Medicine, Royal Hospital for Neuro-disability |
| 21 November | In Conversation with Putney Volunteers Facilitated by Dorothy Lain, Head of Specialist Services, Royal Hospital for Neuro-disability Panel members: Volunteers, Royal Hospital for Neuro-disability |

Lectures are held from 4.30-5.30pm

They are free and open to everyone, but if you plan to attend please contact us as places are limited.

email institute@rhn.org.uk

tel 020 8780 4500 ext. 5140

<http://bit.ly/RHNopenlectures>



COMPASS

Compass is the Assistive and Rehabilitation Technology Service at the Royal Hospital for Neuro-disability which provides assessments for electronic assistive technology including communication aids, computer access, environmental control and powered wheelchair controls for inpatients and people living with complex disabilities in the community.

Compass provides training in alternative and augmentative communication (AAC) for referrers and service users as part of its NHS contract for the specialised assessment and provision of communication equipment in west London.

For further details please contact Jane Bache, Clinical Lead for Assistive and Rehabilitation Technology, **020 8780 4500 ext. 5237** or jane.bache@nhs.net

Training Brought to You

Although the majority of the training we offer is held at the Royal Hospital for Neuro-disability, it is possible for some specialist training courses to be organised at your own or an alternative venue.

For further details please email institute@rhn.org.uk or call **020 8780 4500 ext. 5140**

RHN Services

The RHN is experienced in working with people with a range of neurological conditions and brain injury across our three services.

The Brain Injury Service provides rehabilitation which encompasses two clinical pathways: Complex Rehabilitation and Prolonged Disorders of Consciousness (PDOC).

Our specialist services support people in dedicated environments designed to best meet their needs

- The Jack Emerson Centre offers care and treatment for people who need ventilator support in a specially designed environment.
- A specialist environment for supporting people affected by Huntington's disease
- Neuro-behavioural Rehabilitation Unit for those whose conditions have affected their behaviour and present challenges to their care.

Our specialist nursing home offers care in a dedicated setting, delivered by a team who are experienced in managing neurological conditions while working to optimise independence and function wherever possible

How to Refer a Patient

The RHN works with people who are referred from the NHS, as well as those who are self-funding. We accept patients from the UK and around the world. The Admissions Office can help with admission criteria enquiries, answer questions about a patient's suitability for admission, or about how funding for admission works.

You can contact the Admissions Office on **020 8780 4513** or use its confidential email address TRHFN.Admissions@nhs.net

Admissions Office
The Royal Hospital for Neuro-disability
West Hill
Putney
London
SW15 3SW

Join Our Team

Would you like to join the unique Royal Hospital for Neuro-disability (RHN) team? With just under 600 members of staff, Team RHN is a dedicated, vibrant and diverse community. If you are interested in working with us or would like to speak to a member of the team or to arrange an informal visit, please contact our Recruitment Manager on **020 8780 4500 ext. 5255** or email recruitment@rhn.org.uk

Nurses

Become a specialist nurse with sought after skills as a Band 5 and 6 nurse in our three areas of specialism.

Brain Injury Service: If you are an enthusiastic registered nurse interested in brain injury rehabilitation, this is the place to be.

Specialist Services: You'll be part of a motivated team in a supportive learning environment offering comprehensive training in Ventilator care, tracheostomy care and de-escalation techniques. You will also have the opportunity to work with innovative technologies such as eye gaze; an eye operated communication system helping patients to interact with the world.

Specialist Nursing Home: We are looking for enthusiastic, positive nursing staff who will learn sought after clinical skills. We will train and support you in complex postural management, tracheotomy, tracheostomy management (changing and replacement), as well as gastronomy and jejunostomy.

We welcome applications from all nursing disciplines.

AHPs, therapists and other clinicians

We regularly recruit into a number of qualified and non-qualified roles in the following disciplines

- physiotherapy
- occupational therapy
- speech and language therapy
- music therapy
- social work
- psychology
- dietetics

Finding Us



The Royal Hospital for Neuro-disability
West Hill
Putney
London
SW15 3SW

Nearest tube station
East Putney

Nearest rail station
Putney

Bus
The 170 bus stops
directly outside the
main entrance

For further information or to book

institute@rhn.org.uk
020 8780 4500 ext. 5140
www.rhn.org.uk/events



Royal Hospital for Neuro-disability