**An Introduction to Thermoplastic Splinting of the Upper Limb in Complex Neurological Conditions**

Tuesday 4 – Wednesday 5 February 2020

Royal Hospital for Neuro-disability, London UK

This course is designed for clinicians who have some basic experience of working with thermoplastic materials and wish to gain further handling skills and understanding of splinting the neurologically impaired upper limb.

The course is taught by the Royal Hospital for Neuro-disability Splint Clinic Team including our specialist medical Consultant who leads the Tone Clinic.

This is an exciting opportunity to attend an intensive course and learn about the challenges of splinting abnormal tone with complex pathologies such as acquired brain injury and disorders of consciousness.

Attendees will develop knowledge of the clinical reasoning behind splinting in neurology through theoretical and practical workshops, with all materials provided throughout the course.

Objectives of the course include:

* Refreshing current knowledge on upper limb anatomy and physiology
* What to assess prior to splinting and the principles of handling thermoplastic material
* Understanding tone in relation to splinting
* Developing clinical reasoning and the looking at the evidence base around splinting
* Demonstration and practice of techniques for fabrication of at least 5 different thermoplastic splints

**Lead Facilitators**

Occupational Therapy Team

Royal Hospital for Neuro-disability

**Cost per delegate: £330**

**Contact:**

[**institute@rhn.org.uk**](mailto:institute@rhn.org.uk) **/ (+44 0)208 780 4500 x5140**

**Programme**

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4 – 5 February 2020

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| **Day 1 Tuesday 4 February** | |
| **08:45** | **Registration and refreshments** |
| 09:00 | Housekeeping and Welcome |
| 09:15 | Upper Limb Anatomy & Function |
| **10:15** | **Refreshments** |
| 10:30 | Medical Management of Hypertonicity |
| 12:00 | Assessment and Principles of Handling |
| 12:30 | Promedics demo and stand |
| **13:00** | **Lunch** |
| 13:30 | Case study |
| **14:00** | **Refreshments** |
| 14:15 | Thermoplastic Practical – cone |
| 15:15 | Thermoplastic Practical – Volar dorsal splint |
| **16:30** | **Close** |
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| **Day 2 Wednesday 5 February** | |
| **08:45** | **Refreshments** |
| 09:00 | Clinical Reasoning and Evidence Base - journal discussion |
| **10:30** | **Refreshments** |
| 10:45 | Considering Abnormal Tone & Splinting in relation to function |
| 11:45 | Case study |
| 12:00 | Trouble shooting – Delegates Patient Examples / Clinical Reasoning & Fabrication / Prefabricated splints |
| 12:30 | Brace orthopaedics stand and demo |
| **13:00** | **Lunch** |
| 13:45 | Thermoplastic Practical – Mid-position resting splint |
| **14:15** | **Refreshments** |
| 14:45 | Thermoplastic Practical – Thumb spica splint |
| 15:30 | Thermoplastic Practical – wrist cock-up splint |
| 16:15 | Questions / discussions and free practical finishing time |
| **16:30** | **Close** |
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| **If you are not self-funding please confirm who has authorised your attendance at this course and the funding:**  **Name:** Click here to enter text. **Position:** Click here to enter text.  **Contact email:** Click here to enter text. **Tel:** Click here to enter text. |
| **Please add me to the mailing list to receive information about future RHN academic events** |

**Registration form**

**Delegate fee (£330)**

**Please return this form (one per applicant) to Anna Harlow, Academic Event Manager at** [**institute@rhn.org.uk**](mailto:institute@rhn.org.uk) **– or by post:**

Royal Hospital for Neuro-disability, West Hill, Putney, London SW15 3SW United Kingdom

**Venue:** Royal Hospital for Neuro-disability, London.

**Conference fees include refreshments and lunch**

**Cancellations/refunds:** A refund, less 20% administration fee will be made if cancellations are received in writing at least 4 weeks before the course. We regret that refunds cannot be made for cancellation or non-attendance after this time. Substitute attendees are welcome at any time.