



Royal Hospital for
Neuro-disability



Christmas Concert

Thursday 17 December 2020, 6 - 9.20pm

EVENT PROGRAMME

About us



The Royal Hospital for Neuro-disability (RHN) has over 160 years of providing care and rehabilitation for adults living with profound or complex disability. We moved to our current location in 1863 and have been an integral part of the community ever since.

We pride ourselves on a personalised approach to care, offering practical and emotional support and helping restore vital communication and mobility, which are fundamental to quality of life.

Brain injuries affect hundreds of thousands of people in the UK each year and can result from medical emergencies such as a stroke, heart or asthma attack, or through unfortunate accidents or injuries such as a fall, allergic reaction or road traffic accident.

Balancing traditional practice with specialist therapies and technologies, we work to improve the quality of life of everyone in our care. Our Brain Injury Service offers specialist rehabilitation, while Continuing Care provides long-term residential care for those no longer able to look after themselves.

As a charity, we raise money for services and technologies not usually offered at hospitals. This year, your support is even more appreciated as the RHN has worked hard to navigate the COVID-19 global pandemic.

With the hard work and dedication of the RHN staff, and the kindness of our wider community, we are continuing to provide the best quality of care and safety for patients and residents. Thank you for supporting our Christmas Concert 2020.

Programme

Welcome

6pm Recorded welcome from Chaplain Geoff Coyne

Performances

6.05 Alfie Memet

6.15 Tara Maysey

6.25 Candice Wu

6.35 Gary Lewars

6.45 Fiona Humphries

6.55 Sarah Martin

7.05 Pitch Purple

Reading

7.15 Reading from Ron Cook

Performances

7.20 Alex McLeay

7.30 Recording from Beatrice King

Reading

7.37 Recorded reading from Chaplain Geoff Coyne

Performances

7.20 Emily Hazrati

7.50 Jo, Bethy & Jessie Reeves

8.00 Beatrice Lancet

8.10 Isaac Bernier-Doyle

8.20 Clara Thadea

8.30 Martina Busi

8.40 Katy Vernon

8.50 - 9.20pm Collection of recordings to close

Contact us

📍 Royal Hospital for Neuro-disability, West Hill, Putney, London SW15 3SW

☎ 020 8780 4500

💻 www.rhn.org.uk

✉ info@rhn.org.uk

Fundraising for music therapy

As well as forming a crucial part of Christmas celebrations, music plays an important role in our lives and is processed in many parts of the brain. It can alter mood and help us to relax or to remember. At the RHN, music therapy helps to maintain and improve physical, cognitive and communication skills, as well as helping with emotional expression.

Our music therapists work at the leading edge of their discipline, harnessing new technologies and techniques as they arise. They create personalised programmes for each patient which provide a way to communicate, express emotions and form a key part of our holistic approach to care.

Recently, our music therapists have been adapting their work with the COVID-19 pandemic. Some worked from home, taking on useful administrative tasks, whilst others created handwashing songs and music playlists for staff and patients. When appropriate, music sessions could continue. To ensure patients and staff are safe, our therapists use full PPE and disinfect all musical equipment before and after use, as well as offering one-to-one sessions and small, socially distanced, groups.

Working with other professionals, such as physiotherapists and speech therapists, our team of music therapists work with patients towards their individual goals, such as regaining speech or movement. Often patients are unable to speak but retain the ability to sing. Singing key phrases can lead to speech, helping patients to express basic needs and connect with loved ones.

Taking steps or moving limbs in time with a rhythmic beat can help patients regain the ability to walk and move. Playing an instrument can also help patients improve their concentration and memory. Socially distanced group work also benefits patients receiving long-term care, such as those with Huntington's Disease who can become depressed and withdrawn.

The RHN would like to thank our performers, musicians, guests and audience for helping create this magical Christmas Concert event and for supporting the RHN.

The RHN and our additional services, such as music therapy, rely on your generous donations. Together we can make a difference to the lives of the patients and residents at the RHN.

THINKING OF MOVING AFTER CHRISTMAS?



...BUT WONDERING WHO TO CHOOSE AND WHO TO TRUST?

For expert property advice from the agent with over 30 years continuous experience, contact the company with a proven success record throughout every sort of market.

Contact us:
Putney Office: **020 8788 8822**
Visit: **www.allanfuller.co.uk**
Email: **info@allanfuller.co.uk**



Putney: 149 Upper Richmond Road, Putney, London SW15 2TX.

Ruth's story



Ruth was admitted to the RHN in January 2018 as part of her rehabilitation after having had a stroke in July 2017. She was referred to music therapy for use of her upper limbs, to help attention and as a means of self-expression.

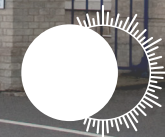
Ruth has been involved in different musical activities. She has moved from shifting her attention between two musical instruments to six. She has gained in confidence in singing on her own and has been able to wait her turn in duets. She has now written three songs, including: one song parody about her family; one about her recovery; and one Christmas song, which we will be uploading during the event.

Ruth said, speaking of her music therapy, "It helped me focus and because of my love for musical theatre have become more confident to sing. Rosanne [music therapist] has been very supportive and even came up to my room with her piano. I have done things I never thought I'd be able to. I never thought I would write a song."

How you can support the RHN

There are many ways you can support the RHN through fundraising events and in the community.

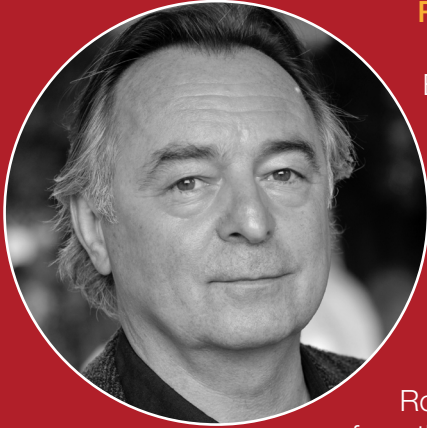
Email the Fundraising Team **events@rhn.org.uk** or visit the RHN website **www.rhn.org.uk** for more details on how you can make a difference.



Royal Hospital for
Neuro-disability

Performers

Ron Cook



Born in South Shields, Ron grew up in Coventry and attended the Rose Bruford College of Speech and Drama. He has been acting for almost 50 years, appearing many times on stage, film, television and radio.

Recent stage plays include: 'Europe' at the Donmar Warehouse, 'Celebration/Party Time' at the Harold Pinter Theatre, 'The Children' at the Royal Court (which transferred to Broadway), 'Girl from the North Country' at the Old Vic, and 'Faith Healer' at the Donmar Warehouse.

Ron has been nominated for two Olivier Awards. Recent television includes: 'Death in Paradise', 'Chernobyl', 'Les Miserables', 'City and the City', 'The Mystery of Edwin Drood', 'Little Dorrit', and he played Mr Crabbe in the 'Mr Selfridge' series. Film credits include: 'Hot Fuzz', 'Thunderbirds', 'Charlotte Gray', '24 Hour Party People', 'Chocolat', 'Topsy Turvy', 'Secrets and Lies' and 'The Cook, The Thief, His Wife and Her Lover'.

Alex MacLeay

Alex MacLeay is an up-and-coming singer songwriter from North London, Camden and currently studying at ICMP.

Alex plays Blues, Jazz and hip-hop, and takes inspiration from artists such as Chet Baker, Jeff Buckley, Leonard Cohen, Joan Armatrading, lots of old school greats. Combining old with new to form his own style.

Tonight, Alex will be performing covers from Chet Baker, Townes Van Zandt and some original material.



Beatrice Lancet



Hi everyone! I'm Beatrice, an 18-year-old pop singer-songwriter. I've have been writing songs for about 12 years and perform at open mics and gigs.

Check out my instagram @beatrice.singer. songwriter and my YouTube channel Beatrice singer-songwriter for more of my own music! Enjoy the show!

Clara Thadea

Having just moved to London from Barcelona, Clara Thadea is a German American songwriter, with most of her songs within the genre of indie pop. She plays guitar, bass, keyboard, drums, and sings (jack of all trades, master of none).

This time of the year is one of the most amazing solely due to the music and generosity that people naturally feel more of around Christmas, and Clara is overjoyed to be combining these two by working with the RHN.

More on her Spotify, SoundCloud, Instagram and Facebook.



Gary Lewars



Gary is a seasoned jazz saxophonist and teacher of sax, flute and clarinet with nearly 30 years experience, more than happy to support this worthy cause. Happy Christmas and New Year!

You can see more videos on YouTube channel "Saxmangazz".



Pitch Purple

Pitch Purple are a student a cappella group in south west London who often perform at the RHN. They are proud of their connection to us and are very much looking forward to a return to some live music-making in 2021 and then at the Edinburgh Fringe, where they have performed for three consecutive years. Aged 14-17, they've been singing together for five years and many are accomplished all-round musicians. The group is directed by Jo Reeves with vocal coach, Jessie Reeves. During lockdown, Pitch Purple made videos you can view at www.pitchpurple.co.uk/

Fiona Humphries

Fi has played the flute since she was 10 years old and achieved a degree in Performing Arts at Middlesex University where she majored in performance on the flute.

Although Fi didn't go on to choose a career in music, she likes to take any opportunity to play for pleasure and particularly enjoys supporting charities like the RHN and their music therapy fundraising.



Isaac Bernier-Doyle

Isaac is a student at the Institute of Contemporary Music Performance where he is studying for a Masters in Songwriting. Before his recent switch to music, he worked as an actor in the theatre. Highlights include performances at the Royal Festival Hall, Tramway, and Melbourne Comedy Festival. Lowlights are too numerous to recount.

Outside of the arts, he works primarily in education including supporting SEN children and young adults with English and Maths and volunteering for Radio Lollipop at Great Ormond Street Hospital. Follow him @IsaacBD .



Candice Wu

A Chinese American singer-songwriter from San Francisco in London, Candice Wu brings you an amalgamation of feel-good sounds and tunes, initiating feelings of mutuality and nostalgia. With influences ranging from YEBBA and JP Cooper to Tori Kelly and Pip Millett, her varied styles are in constant motion to fit the inspiration.

Having graduated recently from the the BA Creative Musicianship course at The Institute of Contemporary Music Performance, Candice hopes to utilise the skills she has learned to create music that is relatable and intentional, sharing her experiences and knowledge through music.

With an inclination towards folk and R&B music, that will be the focal styles of music for Candice's performance tonight. You can also hear and see more of her works on her Instagram @Candice_x9 .

Sarah Martin

Sarah is a highly versatile vocalist with an undeniably jazzy edge to her sound that captivates audiences and transports them straight back to the vintage era. A professional singer since the age of 17, Sarah has toured, performed and recorded with some of the best names in the industry, including The Drifters and The Jive Aces.

Sarah is most well known for being a part of the world renowned international Pin-Up group "The Satin Dollz" who have toured and performed at some of the world's top vintage events and venues. Their debut album was released in November 2020 and was number three in the iTunes Jazz Charts.

In May 2020, Sarah raised money for the RHN with a virtual gig. The live stream on Facebook was watched over 6,000 times and raised over £1,200 in donations, making it Sarah's proudest achievement of the year. She is absolutely delighted to be performing at the RHN Christmas Concert this year.





Tara Maysey

Tara Maysey is the founder of The London Ukulele Project, a not-for-profit organisation, whose aim is to facilitate music making as a way of combating loneliness. Tara teaches ukulele to all ages from three years old to 87! her clients include Age Uk Richmond and The Otakar Kraus Music Trust.

Tara's favourite songs to sing and play are Christmas classics, she is currently working on a collaboration of 'Jingle Bell Rock' with 70 other ukulele

players from all over the UK and other corners of the globe, as far away as Argentina! Earlier in the year the London Ukulele Project donated a number of ukuleles to RHN's Music Therapy department.

Katy Vernon

Katy was born and raised in London, UK but in the past dozen or so years has established herself as one of the busiest musicians in Minnesota, USA. Combining melodic pop/folk song writing with her twangy Americana band. She has appeared at Festivals in the Midwest and UK, such as the Ukulele Festival of Great Britain, The Grand Northern Ukulele Festival, Taste Of Minnesota, Stars of the North, Big Turn Fest, and Hazelfest.

Her newest record 'Suit Of Hearts' was just a top ten record of the year by the Star Tribune, as well as City Pages, and Melodic Playlist Twin Cities. Uke Magazine, together with Uke Planet website, called 'Suit Of Hearts' the best ukulele album of the year. Most recently, Katy was named the best Acoustic performer of 2020 by City Pages.

Look for Katy's music on all the major streaming services and YouTube.



Emily Hazrati

Emily is a composer and performer from Putney, studying at the Guildhall School of Music and Drama. She has written music for numerous ensembles and organisations such as the Royal Opera House, Choir & Organ Magazine and The Choir of Clare College, Cambridge. Her music is published in Multitude of Voyces' Anthology of Sacred Music by Woman Composers. Emily also holds a diploma in piano and is an experienced mezzo-soprano, clarinettist, and recorder player.

During lockdown, Emily took part in the Royal Hospital of Neuro-disability's Pianothon with a set of soothing classical music for piano. She can't wait to return for the virtual Christmas Concert, having frequently performed at RHN under the direction of Jo Reeves whilst at Putney High School (class of 2016).

Alfie Memet

Alfie has enjoyed music all his life and loves writing and performing his own material. Alfie is currently studying song writing at the Institute of Contemporary Music Performance in London which will help him achieve more in the industry.

Performing live gives Alfie a massive buzz and he is especially passionate about performing for a charity close to his heart. Alfie's uncle has been a resident of the RHN for nearly four years.

The music Alfie likes to play, and will be playing tonight, is of an acoustic jazzy style. Check Alfie out on Facebook at Alfie Memet's Music.



Reeves family



The Reeves children have been music-making all their lives! Mum, Jo, is a keen music-teacher who has instilled a love of music-making in the family. All three children have gone on to be professional musicians.

Luke is a Music Producer and composer. Bethy is currently studying for a Masters in Piano Accompaniment at the Guildhall School of Music and Drama. Bethy also has a job as organist at Christ Church, Sheen, several piano and organ students and

is Music Director of the Oxford Keen Choir. Jessie is a Primary School Music teacher, a singer, and teaches individual singing and piano lessons. Jessie is also involved in co-directing, as well as leading and mentoring, the volunteers at the London Choir with No Name.

Jo, formerly Assistant Director of Music at Putney High School, teaches composition, piano and violin privately. All three Reeves have been winners of prestigious composition competitions: Jessie in the BBC Radio 3 Carol Competition; Bethy in the Royal Opera House Fanfare Competition; and Jo in the Classic FM Carol Competition. Check out their new website <https://reevesmusic.co.uk/>

Martina Busi

Martina is a creative professional with a bubbly personality who tends to express herself through various forms of art. She is a singer-songwriter as well as a presenter on Shoreditch Radio. Martina is fully Italian, born and raised in Milan, but based in London for more than a couple of years now where she is currently studying song writing at the Institute of Contemporary Music Performance.

She describes these years in London as full of creative stimuli which helped her shape her sound and creative direction and intentions as an artist.

Martina is currently working on releasing some music, but she is keen to get involved in live performances as well, especially for charity causes. Martina strongly believes that music connects and touches people emotionally, releases unnecessary stress and on a general scale it has the power to make people feel good. Follow her Instagram @martinkablondinka .



Chaplain Geoff Coyne



Thames Philharmonic Choir



Songs on Wheels Choir





THE BIG WINTER READ



The Royal Hospital for Neuro-disability challenges you to read as many books as you can this January.

Ask friends, family and colleagues to sponsor you for each book you read and help support people living with complex brain injury.



PRIZES UP FOR GRABS

If you raise £100 for the RHN then we will send you an exclusive **Big Winter Read canvas bag!***

Raise over £200 and receive an exclusive **Big Winter Read mug!***



Royal Hospital for
Neuro-disability

Sign up

 rhn.org.uk/events/the-big-winter-read

 events@rhn.org.uk  020 8780 4560