

COUNTDOWN CALENDAR

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|---|---|--|--|---|
| | | 28 Feb Get ready!  | 1 March GIVE IT UP FOR THE RHN | 2 | 3 Shout about your challenge to friends and family on social media | 4  |
| 5 | 6 | 7 | 8 Phew! You have completed your first week. Treat yourself | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 Yippee! You are half way through  | 17 | 18 |
| 19 | 20 | 21 Keep strong, the end is not far away!  | 22 | 23 | 24 | 25 Just one week to go. You can do this!  |
| 26 | 27 Pay day – shout out for last donations  | 28 | 29 | 30 | 31 March Congratulations You did it!!  | |