



## Managing Complex Tone: Spasticity and Casting Provisional programme

Day 1 Tuesday 21 June 2022	
<b>08.30</b>	<b>Registration</b>
09.00	Introduction
09.30	Normal Muscle Physiology and Function
<b>10.15</b>	<b>Refreshments</b>
10.30	Changes in Muscle after Brain Injury
11.15	Spasticity and Pharmacology
<b>12.15</b>	<b>Lunch</b>
13.00	Casting demonstration - the elbow
13.30	Casting practical – the elbow
<b>15.00</b>	<b>Refreshments</b>
15:15	Casting Demonstration – ankle resting splint
15.45	Casting Practical – ankle resting splint
17.00	Close

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Day 2 Wednesday 22 June 2022	
<b>08.45</b>	<b>Refreshments</b>
09.00	Assessing Muscle Tone and Contracture
10.00	Understanding the Evidence Base: Spasticity, Contracture and Prolonged Stretch
10.30	Upper Limb Case Study and Problem Solving
<b>11.15</b>	<b>Refreshments</b>
11.30	Casting demonstration – wrist and hand
12.00	Casting practical – wrist and hand



<b>13.00</b>	<b><i>Lunch</i></b>
13.45	Planning, Maintaining Safety and Problem-Solving Challenges
<b>14.45</b>	<b><i>Refreshments</i></b>
15.00	Casting 'free time'
17.00	Close

*Please note this is a draft programme and maybe subject to change*