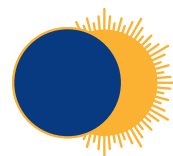




RHN **Supporter** NEWS



Royal Hospital for
Neuro-disability

Registered Charity No. 205907



NEWS FOR SUPPORTERS OF THE ROYAL HOSPITAL FOR NEURO-DISABILITY AUTUMN 2023



RHN resident, Antonia

RHN Celebrates International Nurses Day



International Nurses Day is celebrated around the world every year on May 12th, the anniversary of Florence Nightingale's birth. The Royal Hospital for Neuro-disability (RHN) threw a small party to celebrate all of the amazing work its nurses do to care for its patients and residents.



Staff across all departments and disciplines were invited to the De Lancey Lowe Room for some music, fun photos and snacks, including doughnuts chocolate fountains, fruit and marshmallows.

Following some sweet treats, RHN staff struck a pose with colleagues, with their photos being pinned to a board for all to enjoy. A few patients and residents also paid a visit to the celebration, joining staff in enjoying the fun.

Nurses at the RHN play a vital role in enabling us to provide the highest quality care for patients and residents living with brain injury and neuro-disability, and we look forward to celebrating International Nurses Day every year. With nursing staff from around the world, over 64 languages spoken in the hospital and a rich diversity of cultures and experience represented, International Nurses Day is a wonderful opportunity to celebrate our shared greatness on the same day with nurses everywhere.

It was an absolute pleasure to bring everyone together to remind our nurses how appreciated they are for the essential work they do.



The RHN community is welcoming more young people

The Royal Hospital for Neuro-disability opened its young adult service in 2019, as a specialist unit for up to twelve disabled young adults moving from paediatric care to long-term adult care.

Making this transition can be challenging for young people and their families, so providing a safe, homely and welcoming environment is crucial to ease the transition process.

Set just behind our main hospital building, Haberdashers House provides an accessible living space for young people with complex long-term medical and nursing needs.

Due to increasing demand we are now expanding the service.

Bedrooms that were reserved for occasional respite care now provide cosy, individual rooms for full time residents, and work is under way to convert an old day room into an extra, new bedroom. This means more young adults can now benefit from the specialist care on offer at the hospital.

Angela (below) has been the ward administrator and activities coordinator at Haberdashers House since it opened in 2019. She organises a weekly schedule of hobbies and activities for the residents including cooking, arts and crafts, volleyball, gardening, wheelchair dance, film nights and a science club. When we asked her what she liked most about her job she replied,



"We don't refer to ourselves as Haberdashers House, we are the Haberdashers Family and the joy and love that our staff have for the residents is the best thing about working here."

You can help support all our young adult residents with a donation to our Haberdashers House appeal today.

As an independent charity we raise £2.8 million every year to provide all the therapies, services and social activities available to our patients and residents. Our supporters also fund ward refurbishments and the creation of new spaces for the increasing number of patients who need us.

A donation from you today would help us care for more disabled young adults making the move from paediatric care to long-term adult care. Every penny you donate will provide access to the best care, therapies and a wide range of social activities for our young adult patients.

For information on how to donate to the RHN's Haberdashers House appeal please see the last page of this newsletter.



RHN Supporters Enjoy

AFTERNOON TEA

On Thursday 8th June we welcomed nearly 80 supporters into the hospital for our Afternoon Tea Party. The event is usually held once a year as our special way of thanking regular, long term donors and volunteers. This year we were overwhelmed by RSVPs and surprised at how quickly seats were booked out.



RHN Chief Executive, Paul Allen, kicked off the event, thanking guests for their continued support. Leisure and Family Services Manager, Brenda Berge, went on to describe the many activities led by her team. Manjit Rana, a current patient; who arrived at the RHN paralysed from the neck down, then gave a talk about her time here. Guests were particularly pleased to hear how Manjit has recently been able to lift both lower legs thanks to four years of physiotherapy. Rounding off the presentations, Zoe Gilbertson, Senior Speech and Language Therapist, presented a fascinating talk and display about the foam trials; a system whereby any drink can be made into edible foam which does not require an ability to swallow. Indeed, one of our guests, Adam, a previous patient here at the RHN, who does not have the ability to swallow, was able to try the foam there and then. His mother and his carer were thrilled to see his reaction to tasting orange juice for the first time in several years. This was a truly magical moment.

Afternoon Tea was served at 3pm and guests enjoyed a feast of finger sandwiches and cakes whilst listening to music from our hugely talented in house pianist – Head of Safeguarding, Sorin Neacsu. A relaxing afternoon was had by all, the sun was out and guests were able to wander around the gardens whilst some had a peek at our newly refurbished stained glass windows. We are so happy to have been able to host the event and look forward to the next one. Thank you once again for your continued support.



Be part of the hospital's future with a gift in your will



Have your will written or updated for FREE by a local registered solicitor via The National Free Wills Network.

Register here:

www.rhn.org.uk/support-us/free-will-writing-service
or contact Isabel Barrett, Head of Legacies
020 8780 4557 / ibarrett@rhn.org.uk

TEAM RHN RUNS THE LONDON MARATHON

The TCS London Marathon is one of the most famous marathons in the world, it is also one of the greatest events for charity fundraising, raising around 58 million in 2022 for charities around the world.



Approximately 58 thousand people, aged 18 to 90, run 26.2 miles around London landmarks such as Buckingham Palace, St James's Park, London Bridge and Tower Bridge. The atmosphere is always electric with the course packed with encouraging support from the crowds.

London Marathon organisers also hold the TCS Mini London Marathon the day before marathon day. This event encourages children of all ages and backgrounds to achieve something incredible by running either the last 2.6k or 1 mile section of the official marathon course, finishing on the famous finish line!

This year the RHN had 10 committed marathon runners, one of whom travelled all the way from Mexico, and 100 mini marathon participants fundraising to support the hospital and the individuals in its care.

Early on Sunday 23 April, the RHN's Community and Events Team and volunteers headed to their cheer point on the renowned Tower Bridge at mile 13, the midway point of the race. The cheer squad rallied Team RHN, giving them an extra boost for the second half of their run! We want to say a huge thank you and congratulation to all our runners on their incredible achievement of completing the 2023 London Marathon!

Altogether, Team RHN fundraised an incredible £27,668! These donations go directly to making life better for adults with severe brain injuries and neurological diseases. The RHN thanks any of you who have donated through those fundraising pages; your invaluable support really means the world!

JOIN TEAM RHN!

INSPIRED TO JOIN A CHALLENGE TO SUPPORT THE RHN? REACH OUT TO THE COMMUNITY AND EVENTS TEAM AT EVENTS@RHN.ORG.UK. WE HAVE PLACES IN ALL DIFFERENT TYPES OF EVENTS, SUITABLE FOR A RANGE OF ATHLETIC ABILITIES.



Lavender Remembrance Fund

Below are the names of past patients, volunteers and staff at the RHN, whose loved ones have chosen to set up a tribute fund and plant a lavender bush in their memory. The tribute lavender beds can be found in the RHN gardens. Please feel free to visit the hospital and take a look.

*Adeh Murray Sellar
Anne Prosser
Antony Olley
Avis June Smith
Barbara Garnham
Barbara Kelly
Catherine Ann Fitzgerald
Christopher Bedford
David Driver
David John Fincham
David John Gillett
David Richard Perry
Diana Merrick
Edith Kitty Roper
Eileen Dorothy Barrett
Eileen McKay
France-Raoul Chateau
Gabrielle Orchard
Ghulam Sarwar
Graham Boiling*

*Graham Phillips
Henry John Old
Hugh Munro
James Pirie
Jean Ann Stowe
Jonathan Panaguiton
Kamaljit Toor
Lesley Jean Hyams
Lucy Jane Denniston
Margaret Deller
Mark Goodfellow
Marvin Couson
Maud Riley
Maureen Lesley O'Brien
Megan Paton
Megan Walters
Michael Brocklehurst
Michael Lindsay
Neale Gordon-Wilson
Omar Hayat Shaikh*

*Patricia Burston
Paul Loft
Peggy Stannard
Peter Gow
Peter John Davies
Peter Newton
Roger Smith
Rosemary Ann Shurrock
Sean Hamilton
Shirley Gill
Sirima Suansiri
Stephen John Mitchell
Stuart - Copping
Taranjit Kaur Chadha
Ted & Gladys Black
Tom McClure
Trevor George Kingham
Ved & Helena Aggarwal
Winifred Warwick-Mayo*

Lavender Funds are a way of celebrating the life of a loved one while helping others in need of our specialist care and support. After setting up a fund you will also have the opportunity to plant a special memorial lavender in our peaceful garden.

For more information please contact Isabel Barrett in Fundraising on 020 8780 4557 or at ibarrett@rhn.org.uk

- Dates for your Diary -

Thames Path Challenge

Saturday 9th – Sunday 10th September 2023

Pick your challenge, walk 25 km, 50 km or 100 km starting at Putney Bridge, heading up towards Richmond, Hampton Court, Windsor and Runnymede with a stunning riverside finish. With the full 100 km, you will finish in the beautiful Mill Meadows in Henley along the famous towpath.



Knit for a bit

All September 2023

Support the RHN by knitting some socks and mittens for our residences to stay warm during the upcoming winter months.

Royal Parks Half Marathon

Sunday 8th October 2023

Run 13.1 miles through the heart of London, with the amazing views of Hyde Park.

Halloween Walk

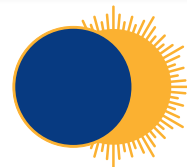
Saturday 28th October 2023

Walk a creepy 10 km or 25 km dressed in your scariest costumes with a horrifying start and finish at The Oval Dungeons, with the ending including a medal, a glass of fizzy and some hot foods and drinks!



If you would like further information on any of these events then please visit www.rhn.org.uk or contact the events team by email events@rhn.org.uk or call us on **020 8780 4560**.

Please click [here](#) if you'd like to support The Royal Hospital for Neuro-disability's Haberdashers House Appeal.



Royal Hospital for Neuro-disability

I'm sending my gift of:

- £20** will provide gardening tools and equipment for young people to grow their own vegetables.
- £50** will support the purchase of disability sports equipment.
- £100** will support the conversion of the old day room in to a bedroom for a new resident.
- £** _____ my preferred amount today.

giftaid it Don't forget to let us know whether or not you're a UK tax payer.

We can reclaim the tax on your donation and any future donations, to make your donation 25% more, at no cost to you!



Thank you for your support!

Donate online: www.rhn.org.uk/online-donation / Or call: **020 8780 4568**

You can also donate by post, sending your gift to: **Royal Hospital for Neuro-disability, FREEPOST, London SW15 3SW**. Using a stamp will save RHN money. When sending a donation by post, we would appreciate it if you could include your address and email details so that we can continue to keep you updated on our work.

You can change the way we contact you or stop our communication to you by calling **020 8780 4568** or emailing fundraising@rhn.org.uk

If this project is fully funded by the time we receive your donation, your gift will be used for the general benefit of patients at the RHN.