



Founded in 1854 by Andrew Reed, the Royal Hospital for Neuro-disability (RHN) is one of the oldest, independent charity hospitals in the UK. Today we continue as a charity hospital and research centre, caring for adults with complex brain injuries and neurological conditions.

These life-changing disabilities can be the result of a stroke, an accident, a heart or asthma attack or a condition like locked-in syndrome. We provide our patients and residents with rehabilitation, specialised long-term care and innovative technologies – all of which work together to provide a full circle of care.

In addition to being an established specialist in neurodisability, we are also a charity. Our charitable income enables us to offer extra services and therapies which further enhance the lives of our patients and residents. These extras include:

- assistive technologies and devices that allow patients to communicate in person and online
- a bespoke wheelchair service that ensures every patient/ resident has the right mobility solution for them
- our Leisure and Families Service would normally run weekly interest groups and organise trips/holidays.

As we believe in looking at a person as a whole, choice and communication are integral to everything we do and the decisions we make. Though levels of ability are different from person to person, we work to provide the best possible quality of life for everyone entrusted to our care.



194
people admitted to the RHN



15.2 weeks average length of stay in BIS

Beds occupied across the hospital



177
Continuing Care Service



£57 million annual turnover in 2024

## A word from our chief executive

As we reflect on the past year at the RHN, I would like to take this opportunity to share some exciting developments and achievements.

A major achievement is the American Nurses Credentialing Center (ANCC) awarding the highly esteemed Pathway to Excellence designation to the RHN, the first independent hospital in the UK to achieve this prestigious recognition.

The designation recognises healthcare organisations that foster a positive and empowering work environment, provide outstanding care and is testament to the hard work of our entire workforce. As a national centre of excellence for neuro-disability, the RHN is an environment where staff feel supported and empowered and to have this internationally recognised is extremely rewarding for everyone.

In addition, there has been much progress on our strategy, with 2024 being the second year of our current 5 year strategy. The RHN's top priority will always be providing the best possible care for our patients and residents and as such, Patient Experience is at the heart of this strategy. It sets out the RHN priorities to ensure the best experience for patients, residents, their families and advocates. Patients and residents were also actively involved in creating a strategy on their own care.

This year, the RHN was awarded with the Race Equality Matters Bronze Trailblazer Status. Bronze is the first stage in the Trailblazer series spotlighting organisations that are implementing impactful solutions to drive race equality. We also signed the charter for Employers Positive about Mental Health, publicly showcasing our inclusivity and attentiveness to the mental health of our employees.

We had plenty to celebrate, with our annual Founder's Week returning to mark the 170th anniversary of the RHN. Our Race Equality Network also organised some fantastic events for Black History Month and East and South East Asian Heritage Month, whilst our Pride Network walked in the London Pride Parade for the third year in a row.

We have seen some great progress in areas of research and education, with our second cohort of

Nursing Associates graduating in November, and more to follow in March next year. Our staff also represented RHN and our multi-disciplinary expertise at numerous conferences throughout the year, in areas such as Infection Prevention Control (IPC) and Huntington's Disease care. You can find more about our staff's publications, conferences and PhD achievements within this report.

Our new quarterly staff recognition scheme was also introduced this year, celebrating staff that demonstrate our values in their work. I'm pleased to say this has been a success so far, with hundreds of nominations across all three quarters. I look forward to continuing this scheme in the New Year.

The year has also seen some key achievements in improvements to our infrastructure. The expansion of the ventilated bed capacity has been completed, with 32 ventilated beds now on site across Leonora and Jack Emerson (JEC) wards. A major refurbishment of Hunter Ward is well underway and will finish in January 2025. As we continue to modernise in order to deliver high quality care the refurbishment of Glyn Ward, approved by the Board in October 2024, will follow in due course.

Financially, we have had another year of achieving budget at the hospital level, which is particularly satisfying as we continue to face pressure on costs. However, raising voluntary income through fundraising continues to be challenging and we did not achieve our target for a second year.

Looking forward, we are excited about the opportunities ahead and recognise there are many challenges to come given the pressures in the wider healthcare sector. However, we look forward with positivity and I would like to thank our staff and volunteers for another year of excellent work, as well as our trustees and Chairman for their support.



# Thank you for your support

Our current fundraising target is £3.1M and with our charitable status we are able to fundraise for the additional therapies and services, that help to enhance the quality of life of those in our care.

Donations raised also go towards training our invaluable volunteers, funding research and helping with specific capital refurbishment works.

Fundraised income from our generous supporters plays a significant part in complementing our care package to patients.

#### Donations also go towards

- Adapted sports sessions (e.g., tennis, bowling, boccia)
- Compass computer room (adapted technologies)
- Gardening group
- Indoor group activities (e.g., making music sessions, film/documentary screenings)
- Music therapy
- Nurse escort service
- Occupational therapy art

- Specially adapted wheelchairs and mobility equipment
- Specific refurbishment projects, to upgrade
- Bringing older areas of the hospital to modern standards
- Our research department; ensuring our processes and overall care are evidence-based and focused on positive patient outcomes.

## Our target for 2025 is £3.1 million

## Transform lives! Your backing for RHN is crucial for those living

with disability following brain injury. We rely on your donations to power the essential services that enhance the quality of life for our patients and their families. Make a genuine impact – visit www.rhn.org.uk/support-us for more information.



Or find the fundraising event for you on our website

rhn.org.uk/events events@rhn.org.uk

## RHN's Journey to the Pathway to Excellence

In August 2024, the Royal Hospital for Neuro-disability received the highly esteemed Pathway to Excellence designation by the American Nurses Credentialing Centre (ANCC). This distinguished recognition underscores several key achievements:

- Internationally Recognised Accreditation: The Pathway to Excellence designation is a global mark of excellence in nursing care, awarded to organisations that meet rigorous standards in supporting nursing staff
- First Independent UK hospital: RHN is the first independent hospital in the UK to receive this prestigious honour.
- Commitment to High-Quality Care: This designation recognises RHN's exceptional standards and expertise in healthcare, reflecting our dedication to delivering the highest quality of care.

Dedication to Staff Support: The designation underscores our commitment to creating a supportive and empowering work environment for our staff.

After starting our journey in February 2023, the RHN attended the ANCC Pathway to Excellence Conference in Chicago in October of the same year. With over 13,000 attending, the RHN was part of the biggest ever gathering of nurses from across the United States and 27 other counties. Our Pathway team met the dedicated team supporting our pathway journey, networked to exchange best practices, innovations, and cutting-edge research with other healthcare professionals. They also explored new avenues with healthcare and tech companies to discuss how they can support our mission.

We continued our work, with our Wellbeing team supporting initiatives for staff which ensured RHN's staff felt empowered and supported to deliver outstanding care to our patients and residents. This also included a new rolling staff recognition scheme: 'Celebrating Excellence', which recognised staff who demonstrate our values in their work.

In May 2024, the RHN hosted visitors from Pathway to Excellence from the USA, who came to see the hospital and the valuable work we do. We were delighted to receive incredible feedback, and have their visit to the RHN described as 'the highlight of the trip'.

The next month, we launched our Pathway to Excellence staff survey, which is a crucial milestone in meeting the Pathway standards. The survey, completed by RHN nurses, received incredible feedback, and was the final step in being able to achieve the designation.

We are so thankful to our Pathway team, and our entire workforce, for their hard work and dedication to helping us achieve this prestigious accolade.





# RHN achieves prestigious National Preceptorship Interim Quality Mark

This year, we set a new benchmark in nursing excellence by becoming the first independent charity hospital in the UK to achieve the National Preceptorship Interim Quality Mark.

The significant accomplishment, effective from 1 January 2024, underscores the RHN's commitment to providing exceptional preceptorship for its nurses, aligning with the standards of the NHS England National Preceptorship Programme.

Fariba Sarajzada, who leads the RHN's Preceptorship programme, expressed immense pride in this achievement, saying,

"Achieving the National Preceptorship Interim Quality Mark is a huge milestone for RHN. This recognition not only affirms our dedication to nursing excellence but enhances professional growth and development opportunities for our nurses, underpinning high standards of patient care through skilled and well-supported nursing staff."

This achievement is particularly notable as it is awarded to organisations that meet rigorous criteria. It is valid for two years and recognises quality and effectiveness of the preceptorship programmes offered by the RHN, which ensures newly qualified nurses receive the best possible start to their careers. It demonstrates RHN's role as a leader in nursing education and patient care, setting a standard for others in the healthcare sector.

For RHN, this is more than just an award; it is a reflection of the hospital's firm dedication to nurturing the next generation of nursing professionals. This achievement will undoubtedly have a long-lasting impact on the quality of care provided at RHN, benefiting both the nurses and the patients they care for.

# Hallmarks of Excellence: Our Accreditations

Race Equality Matters
Bronze Trailblazer Status



Bronze is the first stage in the Trailblazer series spotlighting organisations that are implementing impactful solutions to drive race equality. This is for organisations that have implemented Race Equality Matters (REM) solutions and/or have taken action on race inequality in other ways. In the past year, RHN has taken a number of actions including the expansion of our Staff Engagement, Wellbeing and Inclusion team, relaunching our Race Equality Network, changing how ethnicity data is collected in the annual staff survey and holding a series of events to educate, raise awareness and celebrate culture and heritage.

**Charter for Employers Positive about Mental Health** 



The recognition of our signature to the Charter is valid for two years and recognises our collective dedication as an organization that prioritizes the well-being and productivity of all staff members. Ensuring staff welfare is paramount for delivering the highest quality care to our patients and residents.

Joining the charter publicly showcases our inclusivity and attentiveness to the mental health of our employees, reflecting our aspiration to meet the defined criteria for maintaining a positive, inclusive working environment. This recognition underscores our ambition and commitment to fostering a supportive atmosphere for everyone.

## **Exciting Al Advancements**

Dr. Steven Luttrell spoke at the Royal Society of Medical Digital Twin Conference, showcasing RHN's work on Artificial Intelligence to predict patient risk of deterioration. This collaborative project with Sanome leverages our existing data to enhance early detection of risk, and the initial results are incredibly promising.

The Al tool, MEMORI, has been in a study on the wards since the summer, with 75% of our nurses finding it valuable. MEMORI isn't yet used for formal decision-making, but we're already seeing its ability to influence handovers and patient reviews. The positive feedback from both nurses and doctors speak volumes about the potential of Al in clinical settings!

To gain clinician trust, MEMORI offers real-time, patient-centred explanations for each prediction, giving our staff clear insights into its reasoning. This transparency is crucial for adoption and patient safety.

Our next step is to generate robust evidence to showcase that MEMORI can reduce adverse events for our patients and residents and prevent clinical transfers to acute hospitals. Success here would mark a huge milestone in patient care and systems.

# £500,000 Grant from Garfield Weston Foundation for Hunter Ward Refurbishment

We are absolutely delighted to have been awarded a grant of half a million pounds by the Garfield Weston Foundation toward the cost of refurbishing Hunter Ward.

This transformative project with a total cost of 3.6 million pounds aims to enhance the quality of life for our long-term patients and provide a comfortable, homely, and healing environment for residents with advanced integrated technology. In addition, we are moving to the gold-standard single bed occupancy with 16 single, private rooms, each equipped with advanced integrated technology, the improvements to Hunter Ward marks a significant step forward for RHN in providing high-quality care.

Since it was established in 1958, the Garfield Weston Foundation has donated over £1.5 billion to charities across the UK, of which over half has ben given away in the past ten years. In the most recent financial year the Foundation gave away over £100 million to nearly 1,800 charities across the UK.

The Garfield Weston Foundation has played a pivotal role as a longstanding supporter of our hospital, contributing to several projects including contributions towards other ward refurbishments, and a complete transformation of our Art Room. Without the support of charitable grant-making organisations such as Garfield Weston Foundation, very little of the RHN's crucial services that improve the day-to-day lives of people living with severe brain injuries would be possible.

Jane Beaven, Director of Fundraising, Marketing and Communication at the Royal Hospital for Neuro-disability, expressed her delight and gratitude: "We are incredibly grateful to the Garfield Weston Foundation for being an avid and longstanding supporter of our hospital. Their extraordinary contribution will help us develop both a homely and healing environment for our residents, which, in turn, will enable them to achieve a greater level of independence. On behalf of all our staff and residents, we extend our heartfelt thanks to the Trustees of the Garfield Weston Foundation for this latest donation."



## Celebrating our Allied Health Professionals

In October, Allied Health Professionals came together to celebrate the annual AHPs Day!

Amongst the festivities, we took a moment to reflect on how important RHN's AHPs are, as their expertise, dedication, and unwavering commitment to continuously deliver excellent patient and resident care. AHPs work alongside doctors, nurses, and other staff to provide a wide range of healthcare services, from diagnosis and treatment to rehabilitation and prevention. They are also the third largest clinical workforce in health and care. Allied Health Professions (AHPs) are the third largest clinical workforce in health and care.

Our AHPs include music therapists, dietitians, occupational therapists, physiotherapists, diagnostic and therapeutic radiographers, social workers and speech and language therapists.

We want to express our sincere appreciation to all AHPs for their dedication and invaluable contributions!

# Celebrating Excellence: Recognising Staff who Demonstrate Our Values

In May, we launched our first staff recognition scheme, which celebrates members of our workforce who consistently demonstrate our four key values in their roles at the RHN. These encompass seeing the whole person, willingness to learn, delivery on promises, and honesty and integrity.

The rolling scheme, which is open to nominations from staff, volunteers, patients, residents and families, aims to celebrate the outstanding contributions and achievements within our team. We have been thrilled to see this become such a success, with a high number of nominations submitted each quarter from across the RHN community.

The winners and runners up are decided by a panel of RHN staff from a wide range of disciplines, who meet to carefully review the anonymised nominations. The winner from each category receives a certificate and letter of thanks from our Chief Executive, along with a £50 voucher. The two-runners up from each category also receive a letter of thanks and a £25 voucher.

The Celebrating Excellence recognition scheme has now gone through three quarters of nominations and winners, and we have been delighted to see the number of nominations increasing more and more each month!

Check out some of our winners below!











## **Our RHN Community**

















# Advancing Care: Research and Education

In 2022, we developed a research strategy centred around three key priorities:

#### **Understanding More**

We are dedicated to deepening our knowledge of neuro-disability, aiming to provide the most informed and effective care to our patients and residents.

#### **Discovering More**

Our commitment to discovery drives us to find new interventions, supportive measures, and methods of care to improve quality of life for people with neuro-disabilities.

## **Sharing More**

To ensure our practices remain current, we actively share our understanding, knowledge, and expertise within the Royal Hospital for Neuro-disability (RHN) and with external organisations for the benefit of the broader neuro-disability community.

Our focus remains on areas where our expertise and contributions are recognised and where there is the potential for meaningful impact on our patients and residents. Key areas of emphasis include:

- Disorders of consciousness
- Tracheostomy and long-term ventilator support
- Service and technology innovation
- Oral health and dental care

In addition to these core areas, we are also pursuing research and innovation across other relevant aspects of neuro-disability care.

Our work continues to bring together experts to share best practices and drive innovation in neuro-disability care.

## Conferences, Courses and Collaboration

As part of our commitment to sharing knowledge, we organised 26 courses throughout the year, with 11 delivered online and 8 hosted at partner organisations. We also hosted three major conferences, fostering collaboration and discussion around critical developments in infection prevention and control, digital health technology, and clinical advancements in disorders of consciousness.

#### **Publications**

Parsons L, Doshi M, Rice C. "Lip and tongue biting in patients with a brain injury: a practical guide". Pract Neurol. 2024 Jul 23.

Rose AE, Cullen B, Crawford S, Evans JJ." Working towards consensus on the assessment of mood after severe acquired brain injury: Focus groups with UK- based professionals". Clin Rehabil. 2024 Oct 9.

Rose AE, Cullen B, Crawford S, Evans JJ. "Assessment of mood after severe acquired brain injury: Interviews with UK clinical psychologists and medical professionals ». Clin Rehabil. 2024 Sep 10.

Thorpe A. "Leaving on a Jet Plane reflections on working with a patient with complex acquired brain injury secondary to attempted suicide". Brain Inj. 2024 Jul 24:1-5.

Bradley L, Wheelwright S. "The impact of delays in transfer to specialist rehabilitation on outcomes in patients with acquired brain injury". Clin Rehabil. 2024 Sep 25

Clark T, Lewko A, Calestani M. "The circular paradox of including people with severe brain injuries and reduced decisional capacity in research: A feasibility study exploring randomized research, consent-based recruitment biases, and the resultant health inequities". Physiother Theory Pract. 2024 Oct;

# **Grant from the National Lottery Heritage Fund**



## A Legacy of Care; 170 years at the Royal Hospital for Neuro-disability

In September, the Royal Hospital for Neuro-disability was awarded a generous grant of £58,280 from The National Lottery Heritage Fund for an exciting new oral history project.

The project will gather historical content and create a series of interviews which will be used for the production of a documentary film.

Thanks to a previous grant from The National Lottery Heritage Fund in 2019, the hospital was able to catalogue, preserve, and digitise much of its archive collection. Through extensive research of the newly-accessible archive by staff and a team of trained volunteers, this new project will uncover and reassemble the stories of some of its earliest patients.

With the assistance of skilled clinicians and therapists, the project will support the hospital's current patients to express themselves and leave a lasting legacy of their unique experiences. Patients and volunteers will attend workshops in oral history and heritage skills, which will be brought to life by actors from the disabled community. Patients will form the core of the production team, and they will have the opportunity to interview each other and to make decisions on the material to be included in the documentary film.

The hospital is extremely thankful to The National Lottery Heritage Fund for making this project a reality. It marks the 170th anniversary of the hospital, and will make a major contribution to its heritage. The project will utilise the hospital's specialist staff and technologies, as well as its important archive collections, to build a picture of what life is like from the perspective of its patients. Due to the seriousness of their disabilities, people with brain injuries often require adaptive measures, or need to rely on others, to communicate. The project will break down these barriers, and provide inclusive and accessible heritage for future researchers and challenge existing ideas about disability and disability history.

## Congratulations, Dr. Alexandra Rose!



Well done to Dr Alexandra Rose, Principle Clinical Psychologist at RHN, for successfully completing her PhD in Psychological Medicine from the University of Glasgow, focusing on "The Assessment of Distress, Low Mood, and Depression after Very Severe Brain Injury". This monumental contribution to the field highlights her dedication, hard work and unwavering passion for improving patient care.

Following the completion, the culmination of her PhD research was published, revealing that standard self-report mood assessments are not valid for individuals with cognitive and communication impairments. The result? A

formulation-based model designed specifically for professionals working with this unique population. Through focus groups with UK-based clinical psychologists and medical experts, a consensus was reached on a circular and iterative assessment process.

This model could be a game-changer for assessing mood in those with cognitive and receptive communication impairments!

# Congratulations to our second cohort of Registered Nursing Associates!

In November, we celebrated the graduation of our second cohort of learners who have completed their Nursing Associate Apprenticeship.

After introducing our the Nursing Associate Apprenticeship Programme at RHN in 2021, we were so proud to see our second group complete their training and become fully qualified Nursing Associates.

A nursing associate is a new support role that bridges the gap between healthcare assistants and registered nurses. The role is designed to deliver effective, responsive, and compassionate care, playing an integral part in nursing teams in various health and social care settings. Nursing associates work alongside healthcare professionals, contributing significantly to the care of patients and residents.

We celebrated the nine new nursing associates with a graduation ceremony, with emotional speeches from some of the graduates, food, and enthusiastic support from staff and residents.

Adama Bathily, one of the graduates, said,

"As I reflect on my two year journey as a nursing associate student, I am filled with a sense of gratitude towards my organisation for giving me the opportunity to develop myself... The RHN and Roehampton University have shaped not only my professional identity, but also my personal values. They have taught me the importance of empathy, resilience and continuous learning. I have discovered my purpose."

This success has been made possible through our valued partnerships with Kingston University and the University of Roehampton. We also extend our heartfelt thanks to our CEO, Paul Allen, and Vice President, Des Benjamin, for their leadership and encouragement.

These graduates are now well-equipped to make a meaningful impact in neuro-disability care, bringing both skill and compassion to their roles. Their contributions will undoubtedly strengthen our mission to improve the quality of life for the people we support.

With many more of our staff in the pipeline to undertake the Nursing Associate Apprenticeship Programme, we look forward to enabling more of our people to fulfil their roles at the highest possible standard for our patients and residents.









## Haberdashers' House Sensory Room Officially Opens Following Successful Fundraising Appeal

We were delighted to officially open our brand new sensory room in Haberdashers' House after successfully fundraising £25,000.

The sensory room provides a calming environment, offering our young adult residents:

- A communication bridge: Multi-sensory experiences serve as stepping stones for non-verbal individuals to express themselves and connect with others through shared enjoyment and interaction.
- Motor skill development: Movement and balance activities within the room can improve gross and fine motor skills, leading to greater independence and physical confidence.
- Pain management: Sensory stimulation can offer distraction and alleviate chronic pain for individuals with limited mobility.
- Improved sleep: A restful atmosphere and calming sensory experiences can promote deeper sleep, leading to increased energy and well-being throughout the day.

We are so thankful to everyone who fundraised and contributed to making this possible.





## **Brand New State of the Art Ambulances at RHN**

In October, we acquired three new state of the art ambulances which will join our current fleet in order to support our patients.

These will help us to improve our capacity and ensure that patients can travel safely, timely and comfortably on trips, leisure outings and home visits. Many of our patients require tailored medical support and specialised equipment, and these new ambulances have been designed specifically to meet patient needs.

Our new ambulances are compliant with ULEZ carbon emission guidelines, and require less maintenance than our older fleet, allowing a much more reliable and cost efficient service.



## Heather and Sam's Wedding: A Journey of love and Resilience

In October, we had the privilege of hosting the wedding of Heather and Sam, a truly special occasion that celebrated love, resilience, and the power of community. Heather, a patient at RHN, married her partner Sam, a former Queen's Guard, in a ceremony filled with joy, attended by family, friends, fellow patients, and the dedicated staff who have supported her journey.

Heather and Sam first connected online and spent months getting to know each other through conversations. Heather, who lived in Tooting at the time, recalled the nervous excitement that came before their first meeting in person. They met in Tooting Common, and, following a brief interruption by the rain, began their loving relationship.

Heather's life took an unexpected turn when she hospitalised with what initially felt like the flu, but later turned out to be a kidney infection. After a rapid decline in health, she was placed on a ventilator with a tracheostomy during the peak of the COVID-19 pandemic, battling pneumonia with only a 10% chance of survival. She spent nine months unconscious in intensive care. Despite these challenges, Heather's indomitable spirit shone through. Since arriving at RHN, she has embraced activities such as arts and crafts, gardening, and music bingo, finding joy and purpose in her rehabilitation journey.

Four years ago, Sam proposed to Heather, and despite setbacks, which included losing two engagement rings, they remained committed to their dream of marriage. With the support of RHN staff and a crisis fund that covered the wedding costs, their vision finally became a reality in September 2024. Heather and Sam's wedding we held at a local church, with arrangements for the venue, ceremony, and even a live band orchestrated by RHN's team.

The wedding was more than a personal milestone; it was a celebration of Heather's resilience and the unwavering support of the RHN community, Staff members, from nurses to consultants, played an integral role in making the day unforgettable. For Heather, the journey from planning her funeral to planning her wedding was a testament to the life-changing care and encouragement she received at RHN.

Looking ahead, Heather continues to find joy in her daily activities and values the friendships she has built during her time at RHN. Her story is a powerful reminder of the strength of the human spirit and the importance of compassionate, holistic care.









## Gloves Trial Results at the Infection Prevention Annual Conference

When we think of gloves, we often picture them keeping our hands warm or protecting against dirt and germs. But in nursing, gloves are critical for infection control, and safeguarding patients from potentially lifethreatening infections.

At the recent IPS conference in Birmingham, our own Infection Prevention Control Clinical Nurse Specialist, Mona Liza Marinas, brought this to light, sharing ground-breaking insights on glove safety and sustainability. Her findings revealed that by using trial gloves, the hospital achieved a remarkable 58% reduction in annual waste. This not only enhances patient safety but also contributes to a more sustainable and efficient healthcare environment—a win for both people and the planet!

#### Mona Liza said,

"Infection prevention and control when done properly, will work and keep patients safe!

In my experience, tackling IPC challenges requires listening to staff and understanding why systems are not working. With the recent glove trial we did, it showed that staff satisfaction dramatically increased IPC compliance."

## RHN shares Multidisciplinary Expertise at Huntington's Disease Conference

In June, we were delighted to be represented as one of the five leading experts around a table at a recent Huntington's Disease Conference.

The conference, hosted by Neuro Rehab Times, focused on 'achieving patient-centred care in Huntington's – now and in the future'. In attendance were the RHN's own Lizel Muyo (Matron for Neuro-behavioural Service) and Katy Merrison (Occupational Therapist). The panel debated and discussed their perspectives and opinions on the current state of Huntington's Disease care and looked ahead to the opportunities presented by new tech and ways of working.

'Seeing the whole person' which is one of RHN's four key values, was a central point of discussion, which all panellists agreed was the key to achieving patient-centred care. This included the implementation of individualised goals, positive risk taking, and caring for them in a way which allows them to live their lives to the best possible quality.

If you would like to watch the full conference, you can do so by scanning the QR code.





















We would like to acknowledge the tremendous support we received this year from our 4000+ supporters sending in donations, large and small through various means - such as making the RHN their business or society charity-of-the-year, regular monthly donations, taking part in challenge and special events, in-memorial donations, legacies and trust grants.



Scan the QR code or go to rhn.org.uk/events to get involved!

# Christmas at RHN! Staff and Volunteers wrapping Christmas presents for our patients and residents Santa's Grotto RHN Christmas Show

## Congratulations to this year's staff award winners

#### **Newcomer of the Year**

Fabio Jose Figueira De Sousa

## **Specialist Award**

Darrell Hannan

#### **Inspirational Team**

Clinical Educators

## **Excellence in Care**

Clement Ogbantu

## **Outstanding Leadership**

Natalie Meredith

## **Super Support Champion**

Amanda Dearling

## **Unsung Hero**

Stefano Costa

## **Safeguarding Champion**

Benn Garner

#### **Chief Executive's Recognition Award**

Carol Groves

#### **Annual Celebrating Excellence**

Anneisha Vassell

## **Long Service Awards**

#### 20 years

Anna Lyn Catral

Samuel Adama Armah

Aileen Jimenez

Julieth Majongwe

Sophie Duport

Mercy Banini

Roldan Muyo

Pushpwatee Corpuz Natividad

Lillieth Alphia Tyne

Carlo Giuseppe Rossi

#### 30 Years

Christopher James Outten
Andrew Robert Willsher
Suzy Thomas

#### 40 Years

Gladys Anne Warner

#### 45 Years

Stefano Costa



# A charity for adults with brain injury



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