



## Programme

### An Introduction to Thermoplastic Splinting of the Upper Limb in Complex Neurological Conditions

24 – 25 February 2026

<b>Day 1</b>	
<b>08:45</b>	<b>Coffee and Registration</b>
09:00	Housekeeping and Welcome
09:45	Upper Limb Anatomy & Function
<b>10:30</b>	<b>Coffee</b>
10:45	Considering Abnormal Tone & Splinting in relation to function
11:45	Pharmacology management of hypertonicity
12:45	Assessment and Principles of Handling
<b>13:30</b>	<b>Lunch</b>
14:00	Thermoplastic Practical – cone
15:15	Thermoplastic Practical – Volar dorsal splint
<b>16:00</b>	<b>Close</b>

<b>Day 2</b>	
<b>08:45</b>	<b>Coffee</b>
09:00	Clinical Reasoning and Evidence Base - journal discussion
10:15	Promedics demo and stand, (soft splints)
<b>10:15</b>	<b>Coffee</b>
11:15	Case studies
<b>12:00</b>	<b>Lunch</b>
12:30	Thermoplastic Practical – Mid-position resting splint
14:00	Thermoplastic Practical – Thumb spica splint
15:45	Questions / discussions and free practical finishing time
<b>16:00</b>	<b>Close</b>

*\*Please note this is a provisional programme and may be subject to change*