



Programme

An Introduction to Thermoplastic Splinting of the Upper Limb in Complex Neurological Conditions

20 – 21 October 2026

Day 1	
08:45	Coffee and Registration
09:00	Housekeeping and Welcome
09:45	Upper Limb Anatomy & Function
10:30	Coffee
10:45	Considering Abnormal Tone & Splinting in relation to function
11:45	Pharmacology management of hypertonicity
12:45	Assessment and Principles of Handling
13:30	Lunch
14:00	Thermoplastic Practical – cone
15:15	Thermoplastic Practical – Volar dorsal splint
16:00	Close

Day 2	
08:45	Coffee
09:00	Clinical Reasoning and Evidence Base - journal discussion
10:15	Promedics demo and stand, (soft splints)
10:15	Coffee
11:15	Case studies
12:00	Lunch
12:30	Thermoplastic Practical – Mid-position resting splint
14:00	Thermoplastic Practical – Thumb spica splint
15:45	Questions / discussions and free practical finishing time
16:00	Close

**Please note this is a provisional programme and may be subject to change*